

Unity Lincoln  
P.O. Box 30209  
Lincoln, NE 68503

Non-Profit Org.  
U.S. Postage Paid  
Permit No. 319  
Lincoln, NE

Blessings To:

*The light of God surrounds us  
The Love of God enfolds us  
The Power of God protects us  
The Presence of God watches  
over us.  
Wherever we are ...God IS  
And all is well.*

«FirstName» «LastName»  
«AddrLn1»  
«City» «State» «ZipCode»

*March 2022*

**OUR CORE VALUES**

**LOVE**

We are a nurturing community connecting with all from caring hearts and compassion.

**SPIRITUALITY**

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

**JOY**

We delight in and encourage our deeply centered happiness.

**GRATITUDE**

We recognize, rejoice in, and give thanks for all of God's gifts.

**INCLUSIVENESS**

We embrace each person as a unique expression of God.

Please join us at [Facebook.com/UnityLincoln](https://www.facebook.com/UnityLincoln)

Or Unity Lincoln [YouTube channel](https://www.youtube.com/channel/UC...)

Visit us at [www.unitylincoln.org](http://www.unitylincoln.org),

email [office@unitylincoln.org](mailto:office@unitylincoln.org),

or phone (402) 476-6887

[www.unity.org/prayer/request-prayer](http://www.unity.org/prayer/request-prayer)

**OUR VISION FOR UNITY LINCOLN**

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



1941 N. 68<sup>th</sup>  
Lincoln, Nebraska

*March 2022*

**MINISTER'S LETTER**

Hello, Dear Ones,

As the pandemic begins to wane, I feel this is an excellent opportunity to relax a bit and reinstate our monthly potluck lunches. I know how much we all love and miss them; some congregants we only see on potluck Sundays (lol.) Our potlucks begin again on Sunday, March 20th, right after the 10:30 service. Sharing a meal helps us remember that we are a family. I hope to see you there!

In other exciting news; A benefactor has agreed to donate an extra \$100 toward our mortgage principle for every guest you bring to the 10:30 am Sunday service. It has been two whole years since the coronavirus shrank our in-person congregation (which had been growing) down to an essential view. But people are coming back! I see a (masked) face or two I haven't seen for a while, almost every week. Please help us build our community again and bring a friend to church. It means an extra \$100 for our mortgage! Sadly, this offer only applies to first-time guests, but we want to see our occasional guests and returnees as well!

Lent begins March 2<sup>nd</sup>, and this year we are sharing from Unity Lenten booklet [Release And Renew A Spiritual Practice For Lent 2022](#). Lent is the perfect season to practice letting go of dark worries and renewing our awareness of the good that always surrounds us. In this booklet, New Thought writers share 40 daily messages about releasing and renewing, letting go of what does not serve you and replacing it with something more positive. There are print editions for in-person congregants, but you can order your free copy (print or download) from [unity.org/booklets](http://unity.org/booklets).

The good news abounds

at Unity Lincoln!

Blessings to you all!

Rev. Evan



**Reminders:**

Best Choice bar codes — save and send them our way  
 Inclement Weather Policy Check 101Inow.com/weather/closings  
 if First Plymouth Church is closed, we are closed  
 SCRIP — remember to purchase your cards

**“Ontology Vs. Psychology”**

Psychology studies our thoughts, feelings, concerns, interpretations, theories, and dilemmas. It includes our attitudes, past experiences, insights, and beliefs. It’s essentially our History-Story or, more accurately, our version of our history.

Ontology is the study of the nature of Being. It aims to explore and express the heart of what it is to be human. Ontology asks us to realize we are on a hero’s journey and that we are much more than our psychology. Something Bigger within us wants to contribute and know that we’ve made a difference. The ontological perspective focuses on who we truly are, looking at those timeless qualities that we possess that transcends our thoughts, feelings, and doubts that which is familiar and timeless.

Ontology also provides us with principles. A principle is a guideline we use to wake ourselves up. Using spiritual principles lifts the fog from our path. Being willing is ontological and active; there’s nothing passive about it. Willingness is the capacity to say Yes.

Say I have willingness. Now say I am willing. Which is stronger? Being willing is ontological and active, and there’s nothing passive about it.

- Kris Thaller

**Garden Team Report**

Our first garden clean-up day will be April 9<sup>th</sup>. Following that, we will return to our weekly gardening days: Wednesday 11-4 and the third Saturday 9 to noon all-church garden day. Contact Mickey if you’d like more information.

Our goal for the 2022 gardening season will be to improve the borders for all our garden areas to make it easier to mow/trim right up to the garden’s edge. Our Memory Rose Garden was beautiful last year; we will add a rose for Rev. Toni and tidy up the area. We also hope to place a bench in that area.

Join us in the garden. Gardeners live longer!

- Mickey Seefeld



**BOARD MEMBERS**



Nancy Swarts, President  
 Adeline Mickens, Vice President  
 Paul Fox, Treasurer  
 Jim Wilson, Secretary  
 Kris Thaller, Member-at-Large  
 Kathy Hutchinson, Member-at-Large

**Leaders:**

- Spiritual Leader and Music Director  
Rev. Evan Coleman
- Hospitality  
Dee Tonniges, Liane Schmidt
- Prayer Team Leader  
Paul Fox
- SCRIP Administrator  
Paul Fox
- Technology/AV Team  
Paul Fox, Josh Winkelmann  
Rev Evan Coleman
- Website  
Paul Fox
- Garden Team  
Mickey Seefeld, Nancy Swarts
- Usher/Greeters  
Mickey Seefeld, Fred Berry, Connie Rose,  
Carol Cunningham, Janet Carlson,  
Kris Thaller
- Recycling Team  
Kathy Hutchinson, Jim Wilson
- Pianist—Svetlana Yashirin
- Office—

**BULLETIN BOARD**

**New Members**

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back! Kindly RSVP to Unity Lincoln (402) 476-6887 or [minister@unitylincoln.org](mailto:minister@unitylincoln.org).

**Talk to the Board**

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

**Email List**

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at [office@unitylincoln.org](mailto:office@unitylincoln.org) and ask to be added to our weekly email list.

**Online Tithing**

You can contribute to Unity Lincoln online via the [www.unitylincoln.org](http://www.unitylincoln.org) PayPal account. Log onto <https://www.paypal.com> and send your contribution directly to the Church’s Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

**Ministerial Services Available**

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108. Email: [minister@unitylincoln.org](mailto:minister@unitylincoln.org). Some services by fee and some on a love offering basis.

**When you write to us**

Though we are *located* at 1941 N. 68th St., *mail* you send us must include our P.O. Box. Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

**Calendar**

**Sundays**

9AM Metaphysics 10:30AM Service Noon Prayer Service  
 Second Sunday of the Month Board Meeting after Service  
 Third Sunday of the Month Pot Luck after Service

**Tuesdays**

6PM Friends Book Club:  
*The Origin of Consciousness in the Breakdown of the  
 Bicameral Mind* by Julian Jaynes

**Special Events:**

**Watch this Space!**

**Last Months Finances**

Total Income:	\$ 5107
Total Expense:	\$ 4764
	<b>Net \$343</b>
Tithes Given	\$ 493
Classes:	\$ 140
Extra Mort Principle:	\$ 175

**Keep Saving  
 Magic Pennies  
 Help Support our  
 Building fund!**

