Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

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Permit No. 319

Lincoln, NE

Blessings To:

The light of God surrounds us
The Love of God enfolds us
The Power of God protects us
The Presence of God watches
over us.

Wherever we are ...God IS And all is well.

«FirstName» «LastName»

«AddrLn1»

«City» «State» «ZipCode»

December 2021

OUR CORE VALUES

LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

JOY

We delight in and encourage our deeply centered happiness.

GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

INCLUSIVENESS

We embrace each person as a unique expression of God.

Please join us at Facebook.com/UnityLincoln

Or Unity Lincoln YouTube channel
Visit us at www.unitylincoln.org,
email office@unitylincoln.org,

or phone (402) 476-6887 www.unity.org/prayer/request-prayer

OUR VISION FOR UNITY LINCOLN

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



1941 N. 68th Lincoln, Nebraska

December 2021

MINISTER'S LETTER

Hello, Dear Ones,

Here we are. It's Christmas!

This advent season Unity Lincoln is following this year's Advent booklet from Unity Publications, A Christmas To Remember. Last week, we distributed free copies to the congregation, but we still have several copies if you have not received yours. It is also available at no cost in print or as a download at unity.org/publications/booklets.

What is your favorite Christmas memory? Or put another way, what has been your most memorable Christmas? A Christmas To Remember asked several dozen of their favorite writers to share their memories of an Advent season, the four-week period that renews our spiritual understanding of Christmas. Their query opened the floodgates for stories about traditions old and new and the indelible stamp that families leave on our holidays forever. Some wrote about restoring cultural traditions, and others consciously created new memories. I believe Rev Toni's final submission to Unity Publications was her devotional on faith for Friday, December 3^{rd,} on page 21. Please pick up, or order your copy and follow along as we share A Christmas To Remember.

I want to express my deepest gratitude for all the support and prayers I have received since the death of Toni and my father. It means so much to me knowing our loss can bring us together. I am still a bit overwhelmed by it all, but I am slowly adjusting to a new normal, which may not be normal for a while yet.

I know that the change of losing your minister can lead to uncertainty about the church. I wish to reassure you all. The ministry will not just survive; we will thrive.

I see this ministry thriving in significant ways and small ways. Please know this Christmas wish with me and share this affirmation. Unity Lincoln will rise in consciousness and attendance. We will heal our wounds and see a new world together.

I have announced my retirement from my "other job" at UNL, but I have agreed to stay until they find my successor. With full board support, I have assumed the role of acting spiritual leader and Toni's administrative and pastoral responsibilities. We are working with Unity Worldwide Ministries to formalize my position. I will attempt to maintain office hours on Fridays.

In my November 14th lesson, I referred to the Dedication and Covenant written by our co-founders, Myrtle and Charles Filmore. Since then, I have had requests to publish the document in the newsletter. Here at Unity Lincoln, we say yes to all of the blessings of Spirit "without our making any of these things the object of our existence."

May your days be merry and bright. Bless you, all, and Merry Christmas.

Rev. Evan

DECEMBER 2021

Reminders:

Best Choice bar codes — save and send them our way

Friendship Home food Drive — bring in your donations to help out the shelter

Inclement Weather Policy — same as First Plymouth Church

Holidays — Christmas Adam, Christmas Eve, Christmas Day, New Years Eve, New Years Day

Presidents report 11/14/2021

As the world fights to figure everything out, I will be holding doors for strangers, letting people cut in front of me in traffic, saying good morning, keeping babies entertained in grocery lines, stopping to talk to someone who is lonely, tipping generously, waving at police, sharing food, giving children a thumbs up, being patient with store clerks, smiling at passerby, and buying a stranger a cup of coffee. WHY? Because I will not stand to live in a world where love is invisible. Join me in showing kindness, understanding, and judging less. Be kind to a stranger, give grace to friends who are having a bad day, be forgiving with yourself. If you cant find kindness, Be Kindness.

Anonymous

I thought this would be a helpful reminder during the Holiday Season for times when we are not feeling so inclined. I always feel better when I have been successful in acting of Being Kind.

Namaste, Connie

World Peace Meditation

Peace is not an impossible ideal.

Peace is not a distant goal.

Peace is not a reward or a prize to be won.

Peace is simply the recognition of the presence of God in,

through, and as all people, places, and things.

Peace is the true essence of life.

We fail to experience peace only when we fail to see past the facts of outer appearances to the truth of inner divinity. Let us shift our attention, redirect the focus of our outlook through the lens of God's unconditional love, and we will uncover peace, we will experience peace, we will KNOW peace again.

If this resonates with you, please take 15-20 minutes to sit in the silence with these words. Weigh them with your heart's awareness and feel the truth they contain. Make that truth your own and wrap yourself and your world in true peace.

Love and blessings,

Rev. Sharri



One Heart Retreat Center 185 White Acres Lane Marshall, AR 72650

BOARD MEMBERS













ie Rose, sident

Liane Schmidt, Vice-President

Paul Fox, Treasurer

line Mickens,

Janet Carlson, Kathy Hutchinson Member -at-Large Member-at-Large

Leaders:

Hospitality—Dee Tonniges, Liane Schmidt

Leadership/Coaching—Kris Thaller

Licensed Unity Teacher—Rev. Evan Coleman

Music-Rev. Evan Coleman

Prayer-Paul Fox

Music Team—Evan Coleman, Paul Fox, Janet Carlson

SCRIP—Paul Fox

Website-Paul Fox,

Rev. Evan Coleman

AV Tech Team—Paul Fox, Evan Coleman, Josh Winkelmann

Garden Team—Mickey Seefeld, Nancy Swarts

Usher/Greeter Team-

Mickey Seefeld, Fred Berry, Connie Rose, Carol Cunningham, Janet Carlson, Kris Thaller

Recycling Team—Kathy Hutchinson, Jim Wilson

Star

Minister—Rev. Evan Coleman

Speaker—Rev. Fred Berry

Music Dir.—Rev. Evan Coleman

Pianist-Svetlana Yashirin

Office-Sharyl Klawitter

BULLETIN BOARD

New Members

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back!

Kindly RSVP to Unity Lincoln (402) 476-6887 or minister@unitylincoln.org.

Talk to the Board

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

Email List

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at office@unitylincoln.org and ask to be added to our weekly email list.

Online Tithing

You can contribute to Unity Lincoln online via the www.unitylincoln.org PayPal account. Log onto https://www.paypal.com and send your contribution directly to the Church's Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

Ministerial Services Available

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108. Email: minister@unitylincoln.org. Some services by fee and some on a love offering basis.

When you write to us

Though we are *located* at 1941 N. 68th St., *mail* you send us must include our P.O. Box. Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

Calendar

Sundays

9AM Metaphysics 10:30AM Service Noon Silent Service Second Sunday of the Month Board Meeting after Service

Tuesdays

6PM Friends Book Club: A Trip to Bethlehem

Special Events:

Christmas Adam Dec 23rd at 1PM
Christmas Eve Dec 24th at 6PM **ONLINE ONLY**

Finances-2021

Total Income:

Total Expense: \$ 6111

Net \$ 593

\$ 814

\$ 6704

Tithes Given

Classes: \$ 231

Building Fund: \$ 150

Keep Saving
Those Pennies



2021 DECEMBER

THOUGHT, 48-page
Magazine, \$1.00 per year.
UNITY, Monthly Paper,
50 cents per year.
Metaphysical Series,
15 cents per copy.



METÄPHYSICAL BOOK DEALERS AND FUBLISHERS,

Walnut Street,

KANSAS CITY, MO

Pedication and Covenant. We, Charles Fillmone and Myrtle Villmone, husband and cripe, hereby delicate ourselves, our time, our money, all we home and all we expect it, to the Society of Silent thirty. shall render unto us an equivalent for this dedication, in proce of mind, health of body, Wisdom, understanding love thank an abundant supply of all things necessary to must surry want without our making thing's the object of our existence. 7th day of freemberad. 1892

Dedication and Covenent

We, Charles Fillmore and Myrtle Fillmore, husband and wife, hereby dedicate ourselves, our time, our money, all we have and all we expect to have, to the Spirit of Truth, and through it, to the Society of Silent Unity.

It being understood and agreed that the said Spirit of Truth shall render unto us an equivalent for this dedication, in peace of mind, health of body, wisdom, understanding, love, life and an abundant supply of all things necessary to meet every want without our making any of these things the object of our existence.

In the presence of the Conscious Mind of Christ Jesus, this 7th day of December A.D. 1892.

Charles Fillmore Myrtle Fillmore

<u>Spiral Spirit Tree</u> Rev Toni Stephens Coleman

Ribbons of gold glitter with hope
Ribbons of bright white radiating peace
Ribbons of red sing glorious love
Ribbons of rainbow streamers of joy
Wrapping round the spiral of life
Be it the Universe or a single breath
We travel the Spiral Spirit Divine.
A spiral of refinement that leads round
Level to level, joy to strife; strife to
expansion

Traveling from course to refined
Carrying a residue of remembrance
A garland of memories
Wrapping each annual pattern
From slowly, lowly, beginning
Traveling the cycle
Higher, higher, faster, faster at the apex
Linked by ribbons of hope
Grown in a foundation of love
With peace as the creamy life center
Climbing towards the crescendo of joy
At the top of the tree of life
Carry round to the final refinement
At the topmost and the highest
A garland of gold wrapped memories

Around a spiral spirit tree
All the fussing and foibles, cussing and joy-ables
Of a life of memories fully lived
Now flowing free.



Christmas Adam - A Unity Lincoln tradition!

For several years, Unity Lincoln has hosted a Christmas Adam party on the day before Christmas Eve (because Adam came before Eve, get it?) This year, we are having the party earlier in the day to encourage people who do not drive at night. We will also make it available on Zoom (published in that week's Good News.)

Our Christmas Adam party is all the fun, secular Christmas stuff (chestnuts, snowmen, reindeer, and Santa.) We want your talent! Can you read a Christmas poem, sing a Christmas song, or tell a Christmas Joke? Please contact Rev. Evan or the office.

Remember the date, Thursday, Dec, 23rd, 1:00pm in the fellowship room and on Zoom.

Merry Christmas! Rev. Evan