Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

Non-Profit Org.

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Permit No. 319

Lincoln, NE

#### Blessings To:

The light of God surrounds us
The Love of God enfolds us
The Power of God protects us
The Presence of God watches
over us.

Wherever we are ...God IS And all is well.

«FirstName» «LastName»
«AddrLn1»

«City», «State» «ZipCode»

### July 2021

#### **OUR CORE VALUES**

#### LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

#### **SPIRITUALITY**

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

#### **JOY**

We delight in and encourage our deeply centered happiness.

#### **GRATITUDE**

We recognize, rejoice in, and give thanks for all of God's gifts.

#### **INCLUSIVENESS**

We embrace each person as a unique expression of God.

Please join us at <u>Facebook.com/UnityLincoln</u>

Or Unity Lincoln YouTube channel
Visit us at <a href="https://www.unitylincoln.org">www.unitylincoln.org</a>,
email <a href="mailto:office@unitylincoln.org">office@unitylincoln.org</a>,

or phone (402) 476-6887 www.unity.org/prayer/request-prayer

#### **OUR VISION FOR UNITY LINCOLN**

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



#### 1941 N. 68<sup>th</sup> Lincoln, Nebraska

### July 2021

#### **MINISTER'S LETTER**

Dear Unity Friends,

Rev. Evan and I spent last week convening with Unity folks at the virtual (online) Convention... a lot of hours sitting in front of the computer for classes, workshops (and required CEU credits) and a two part business meeting. Next year we will meet at Unity Village in the Kansas City area!

You will find the enclosed "Resolution" from the Board of Trustees of UWM. It was written the week before Convention week in response to a demand and declaration of twelve black Unity ministers who met with the board that week. You know, it takes huge effort to get an immobile object (organization) to move! The desire of the twelve was to acknowledge the stated intention and to remind Unity of our fifth principle – to put action to our intentions.

Several of the classes I attended were directed toward this intention. Evan and I talked about this in our Unity Café on Wednesday June 16<sup>th</sup>, you will find it recorded online. It is well and good to honor diversity – now we must move into inclusion. "Diversity" means: variety; the practice or quality of involving people from a range of different social and ethnic backgrounds and of different genders and sexual orientations. The word "inclusive" goes beyond diversity. It means: aiming to provide **equal access to opportunities and resources for people** who might otherwise be excluded or marginalized, such as those having physical or mental disabilities or belonging to other minority groups. This is part of the new creation we are engaged in as humans on the earth at this time and as Unity people on a spiritual journey. Friends, how can we, YOU & I, step up to do our part in this new creation of equity and inclusion? How can we build diversity here at Unity Lincoln and be inclusive?

As we move – yes, MOVE – through this expansive re-creation process, I invite you to be a conduit for ideas, new ways and new people to engage. Envision with me that we are like new born babes being birthed as we come out of the pandemic experience; we are soft and flexible and able to grow into the new world of possibilities. Our perspective is new, our potentialities are new; every person is a new part of our life experience giving us new ways to grow and be – and be together in divine Oneness. You represent new potentialities for each new person who comes your way. Be an inclusive resource for others.

The 28<sup>th</sup> annual **Unity World Day of Prayer** this year is September 8<sup>th</sup> & 9<sup>th</sup>. Go to unity.org/wdop for complete details, to light a virtual candle, submit a prayer list and register for online events (there is no cost). The theme for 2021 is: **All Is Well With My Soul**. We unite our hearts and minds with people from around the globe to affirm: No matter the circumstances, all is well with my soul.

The Guiding Prayer for this year is:

In this holy moment, I pause to breathe and open. I open my mind to know the nature of God and my divine nature. I open my heart to experience the silent yet certain reality of infinite life, love, and creativity.

No matter what is happening at any moment, in the world around me or within my experience, I am not subject to its effects. In fact, I am not my circumstances or my experiences. I am wholly divine, and all is well with my soul.

I sink into the still waters, the state of perfect peace, where nothing can interrupt or displace the flow of life, love, and creativity. In this state of awareness, I rest. I renew. I blossom. I thrive.

Steeped in joyful appreciation, I celebrate my ever-expanding capacity to know that all is well with my soul. I choose to live, love, and create well. And so it is. God Bless you each. Love, Rev. Toni

#### **World Peace Meditation**

I have a mind, a body and emotions but I am not my mind; I am not my body; I am not my emotions. Just as God expresses Its essence through the forms that fill the universe, I express my essence through my mind, body, and emotions. I use my mind to perceive the world. I use my body to interact with the world and I use my emotions to feel the human atmosphere of the world. But the essence of who I am, the spirit that animates my body, that perceives through my mind, that recognizes Truth through my emotions is as infinite and eternal as God – it IS God! It lives in the field discovered by Rumi, beyond judgments of right and wrong, in perfect balance, harmony and oneness.

As my mind perceives this balance my conscious awareness of this Truth expands, my emotions grasp the joy of oneness and bring it into this present moment, and my mind, body and emotions are flooded with perfect peace. It is the seed of world peace, planted in every human heart, waiting to be watered with love and nurtured with awareness, to blossom as joy.

If this resonates with you take 15-20 minutes to sit with these words and let them fill your mind, body and emotions – feel the oneness and the peace.

Love and blessings, Rev. Sharri

"Out beyond ideas of wrongdoing and right doing, there is a field.

I'll meet you there."

Excerpt from Rumi poem



One Heart Retreat Center 185 White Acres Lane Marshall, AR 72650 (501) 825-0108

# FOURTH OF JULY



#### **Magic Penny Competition Ends**

July 11<sup>th</sup> the Magic Penny Competition initiated during the pandemic will conclude. During the past 16 months Rev. Toni invited you to collect your change to win prizes. Bring your change (bills are welcomed) to be counted by July 11<sup>th</sup>. Winners will be announced during the Pot Luck July 18<sup>th</sup>. There will be prizes for: 1.) the most total money; 2.) the heaviest collection; 3.) the most pennies; 4.) the most silver colored coin, and anything else we can think of! All funds collected will go to the garden team. The Magic Penny Collection continues beyond the competition.



#### **Baby Photo Contest**

Bring a baby picture of yourself – *don't tell anyone who it is!* Put your name on the back and give to Rev. Toni who will put a number on the front and post on a bulletin board. People will be invited to guess who is which baby and write on a slip of paper to submit. Contest will close August 15<sup>th</sup> at the Pot Luck.



#### Magic Pennies Report

Keep it up! You're doing great!

**Magic Pennies Accounting** 

2016	\$132.22
2017	\$615.80
2018	\$290.31
2019	\$226.06
2020	\$7.21
	\$1261.60

Remember the competition is on. Who will have the most pennies when we get back into the building? Prize will be awarded!!! July 18th

#### Unity Lincoln logo t-shirts

now available-see Rev. T Teal with embroidered white logo – \$18 each M, L, XL (others can be ordered pre-pay) (note on check: T for Building Fund)

# unity Unity

**BOARD MEMBERS** 

#### **Monthly Attendance**

Celebrate!!!

Our online count has gone Over 1000

#### Finances- 2021

Total Income: \$ 5447 Total Expense: \$ 5826

*Net* \$ (378)

Tithes Given \$ 529

Classes: \$ 10

Building Fund: \$ 150

#### III -



Janet Carlson, Member –at-Large

Kathy Hutchins Member-at-La

#### Ministry Team Leaders:

Hospitality—Dee Tonniges, Liane Schmidt

Leadership/Coaching—Kris Thaller Licensed Unity Teacher—Rev. Evan Coleman

Music—Rev. Evan Coleman Prayer—Connie Rose Recording Team—Paul Fox, Bob Kaenel, Connie Rose, Janet Carlson,

Adeline Mickens SCRIP—Paul Fox

Website—Paul Fox, Rev. Evan Coleman

Worthship Team—

Carol Cunningham Worthship Leaders—Fred Berry, Merry Ford, Kris Thaller, Rene Eveland

#### Staff:

Minister—Rev. Toni Stephens Coleman Associate Minister—Rev. Evan Coleman Speaker—Rev. Fred Berry Music Director—Rev. Evan Coleman

Pianist—Svetlana Yashirin Office—Sharyl Klawitter

#### BULLETIN BOARD

#### **New Members**

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back! Kindly RSVP to Unity Lincoln (402) 476-6887 or <a href="minister@unitylincoln.org">minister@unitylincoln.org</a>.

#### Talk to the Board

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

#### **Email List**

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at <a href="mailto:office@unitylincoln.org">office@unitylincoln.org</a> and ask to be added to our weekly email list.

#### **Online Tithing**

You can contribute to Unity Lincoln online via the <a href="www.unitylincoln.org">www.unitylincoln.org</a> PayPal account. Log onto <a href="https://www.paypal.com">https://www.paypal.com</a> and send your contribution directly to the Church's Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

#### **Ministerial Services Available**

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108. Email: <a href="maintenance-minister@unitylincoln.org">minister@unitylincoln.org</a>. Some services by fee and some on a love offering basis.

#### When you write to us

Though we are *located* at 1941 N. 68th St., *mail* you send us must include our P.O. Box. Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

#### To unsubscribe from this Newsletter

Write to us at the above address, or email <u>office@unitylincoln.org</u>. Please refer to the *printed* Newsletter in your note, with your name and address for confirmation.

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#### Resolution on Diversity, Equity, and Inclusion **Unity Worldwide Ministries - Juneteenth 2021**

An official statement from Unity Worldwide Ministries:

Unity Worldwide Ministries stands for anti-racism, i.e., we are opposed to racial hatred, racial violence, bias, systemic racism, and the oppression of people of color. We stand for Diversity, Equity, and Inclusion for people who are marginalized because of color. No individual or group should be made to live in fear or excluded from society. Recent events in the United States and the world remind us that violent repression, prejudices, injustices, and inequalities towards people of color are embedded in societies, from social structures to institutions to cultures. Unity chooses to be more aware and take positive action in dismantling systemic racism and the social structures that support injustice and prejudice, and we raise awareness throughout our membership, churches, and centers.

WHEREAS: Unity stands for Diversity, Equity, and Inclusion for people of color. Our second principle states: "Human beings have a spark of divinity within them, the Christ spirit within. Their very essence is of God, and therefore they are also inherently good." This principle applies to all people regardless of color; and

WHEREAS: We are fully committed to Unity Worldwide Ministries being an ambassador for diversity, equity, and inclusion in our world and an example through our actions in the Unity Movement; and

WHEREAS: Unity Worldwide Ministries Board of Trustees acknowledges that there has been and is systemic racism in Unity. We acknowledge and accept responsibility for the impact that our history with racism has made upon our Black and Brown friends, colleagues, congregants, students, employees, and patrons—both past and present. We commit to eradicating any and all systems, policies, and practices that would in any way replicate our past mistakes or reproduce an environment that discriminates against or is inhospitable toward people on the basis of race, color, or ethnicity; now therefore be it,

**RESOLVED:** That based on Unity's fifth principle of taking action, which states: "Knowing and understanding the laws of life—also called truth—is not enough. A person must live the truth that he or she knows;" we commit to the following actions:

To reflect on an ongoing basis, diversity, equity, and inclusion in our Unity Worldwide Ministries Board of Trustees.

To commit to reinforce our policy of non-discrimination by adopting and instituting best practices for ensuring that all qualified applicants and candidates are given full consideration for any, and all positions, without respect to race, ethnicity, culture, or color.

To ongoing robust mandatory staff leadership development and education committed to building a culturally competent, anti-racist community of leaders and allies. Our bold initiative will address trainings on Implicit Bias, Cultural Competence, White Fragility, and Becoming an Anti-Racist, along with ongoing training and education that positions Unity Worldwide Ministries to be on the leading edge of building consciously awake thought leaders, committed to dismantling systemic racism and building the Beloved Community.

To develop and disseminate principle-centered educational programs and curricula for use in our centers, spiritual communities, study groups and churches that equip Unity ministers, spiritual leaders, teachers, and laity with the information, inspiration, and resources necessary to detect and dissolve systemic racism within themselves and build healthy diverse, equitable, and inclusive communities. These materials will take many forms including a wide offering of online webinars.

To allocate monetary resources to the fourth quarter of fiscal year 2021 to continue the work that the UWM Board has done in the 12-week class on racial diversity and the continued recognition of an inherent culture of white privilege with a racial equity consultant to assist us in developing a more organization-wide permanent response to the issue and needs for increased diversity, equity, and inclusion, and be it,

FURTHER RESOLVED, we are committed to moving beyond neutrality and to fully acknowledging that Black Lives Matter, too, and we are committed to demonstrating our sensitivity and understanding of this basic Unity tenet by no longer colluding in racism.

UWM Executive Director, Rev. Shad Groverland UWM Board Chair, John McMahon

UWM 1<sup>st</sup>Vice Chair, Rev. Sharon Ketchum UWM 2<sup>nd</sup>Vice Chair, Rev. Doris Hoskins

UWM Board Treasurer, Rev. Valerie Mansfield UWM Chair Emeritus, Rev. Toni Fish

UWM Chair Emeritus, Rev. Richard Bunch UWM Board Secretary & Chair Emeritus, Tim Alderman

#### Improve Your Sleep – July 10<sup>th</sup> at 11am

Join together with Ann Heydt, Health & Fitness Instructor with Aging Partners in the Fireside Room. We all must sleep and all of us complain about it sometimes. Come learn the history of sleep, why we sleep and how to sleep well. This is a great program to share with your friends and bring young people to so that they can collect sleep tips to improve their lives. A light lunch snack will be served during a meet & greet time following the presentation.

## Improve Your Sleep



Join Us: July 10th at 11am

Learn about healthy restful sleep from Ann Heydt of Aging Partners.

Educate yourself and bring younger folks to get a baseline understanding about this universal topic.

We all complain about it, but what do we really know?

Followed by a light lunch and meet and greet!

**Unity Lincoln** A Spiritual Community 1941 N. 68<sup>th</sup> St. Lincoln, NE 68505



JULY 2021

#### **Unity Lincoln Prayer Circle**

Using the monthly Silent Unity Prayer (from unity.org/silentunity/prayerservice) every Sunday the Prayer Team meets on zoom **and** in person in the upper room at church to pray. Prayer begins at noon (12:00pm). To connect on zoom and send prayer requests email: prayer@unitylincoln.org

Prayer is the foundation of Unity. All prayer requests are kept confidential within the Prayer Team. The team prays and prayer requests are then sent on to Silent Unity for continuing prayer for an additional 30 days in the Silent Unity Prayer Chapel ("the light that shines for you"). Unity prayer is positive and affirmative, always praying for the highest good for all concerned.

#### **New Bookstore Format**

The Bookstore is being reconfigured into an honor system and the space can now be used for meetings and small classes. Books in the bookstore are priced for sale. Book sale funds **must** be kept separate for tax and legal purposes! Please read the instructions and follow. Checks are preferred, placed in the specified envelope and given to the minister, an usher or board member. Please help us make this work.



#### **Board Nominating Team is Meeting**

You may soon be hearing from the Board Nominating Team to ask you to stand for office to serve on Unity Lincoln's Board of Trustees. Please give this service your prayerful consideration. We need to elect new board members as the current board has served an extra year during the pandemic.

#### Church is Open!

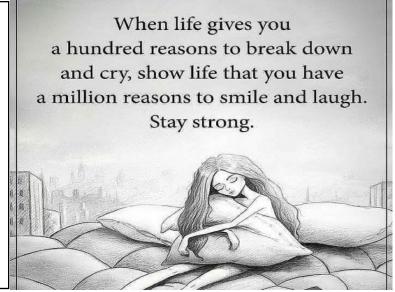
Join us Sunday in the building or online! Our official status is: hybrid! Volunteers are wanted for Ushering, Kitchen Service, AV Technology Team, and other teams. Talk to Rev. Toni.

We are so happy to see you all again.



"A truly happy person is one who can enjoy the scenery while on a detour."

Anonymous



### July 2021

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4  Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Be a Lamp Silent Prayer 12:00  Independence Day	5	6 Friends Book Club A New Earth Eckhart Tolle 6:00 pm	7 Landscaping Team 9-2 Unity Café 6:30 pm	8	9	10 Improve your Sleep 11am
11  Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service A Call to the Universe Silent Service 12:00	12	13 Friends Book Club A New Earth Eckhart Tolle 6:00 pm	14 Landscaping Team 9-2 Unity Café 6:30 pm	15	16	17 Garden Group 9am to Noon
18  Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Be Like Water Silent Service 12:00 Pot Luck	19	20 Friends Book Club A New Earth Eckhart Tolle 6:00 pm	21 Landscaping Team 9-2 Unity Café 6:30 pm	22	23	24
25  Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Not in the Script Silent Service 12:00	26	27 Friends Book Club A New Earth Eckhart Tolle 6:00 pm	28 Landscaping Team 9-2 Unity Café 6:30 pm	29	30	31

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