

Unity Lincoln  
P.O. Box 30209  
Lincoln, NE 68503

Non-Profit Org.  
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Permit No. 319  
Lincoln, NE



1941 N. 68<sup>th</sup>  
Lincoln, Nebraska

May 2021

## MINISTER'S LETTER

Greetings Unity Lincoln Friends & Family!

I hope that you are enjoying this wonderful spring day. The bulbs planted when we moved into our new building at Unity Lincoln are in full bloom – and glorious! I hope you will take a drive over to see them before they fade. The magnolia (tulip) tree and redbuds are all abloom. And the pair of hawks who nest in the tall fir tree near the building and sit on the antenna to supervise are back! Enjoy!

Mickey and the Garden / Landscaping Team will begin outside work again on Wednesdays from 11:00 am – 4:00 pm when temperatures range from 55-90 degrees. Contact Mickey for more information.

Our gardener, Jose, had an accident a few weeks ago when his weed eater threw a rock which broke a large window in the sanctuary. The glass needs matching, ordering and installation. His insurance will pay for the whole thing. It just takes time.

Saturday, May 15<sup>th</sup> from 9am to 1:00pm we will Spring-Clean the building. We need help with lots of dusting, vacuuming cobwebs, polishing window glass and the likes. Who will be here to help? Please come and help us shine as we get ready for people to come back into church!

Adeline's Friends Book Club has just restarted after their break. They resume meeting on Tuesday evenings at 6pm via Zoom. Contact [office@unitylincoln.org](mailto:office@unitylincoln.org) for Zoom address. The new book is: *A New Earth* by Eckhart Tolle.

Unity Café continues meeting online, Wednesdays from 6:30pm to 7:30pm. Rev's Toni and Evan discuss various topics. At present they are asking "What's Next?" You are invited to submit questions and discussion for them to respond to.

On Sunday mornings at 9am, Rev. Evan continues the discussion of *Metaphysics*. Currently the exploration is through the Old (First) Testament Join in and you will learn about the Holy Bible as you've never known it before! Contact the office for the Zoom link.

Janet has taken on the leadership of contacting people to sign-up to do Testimonials about what has been experienced and learned from the year past. Thank you, Janet.

Please share your year with everybody. Be part of the record of this year. You are also welcome to invite your friends and family who have experiences to share. This is a good opportunity for young people to share their thoughts and experiences. It's a great time to invite people safely into the church! We would like to begin sharing the first part of May. Please sign up with either Janet or me. Janet's article posted in the April newsletter explains it well. To sign up and ask other questions, call or email Janet or Rev. Toni. Initially testimonials will be pre-videoed to show on Sundays. This can be an important step in processing and healing from the year past for you and everyone who hears your talk.

As we move through a time of change and adjustment, it is important that we make all the stops along the way. Long ago, I learned not to try to jump over what is before me. To try to jump over the nearest obstacle is only to necessitate going back to take that step again. In order to have the full and complete life experience, we have to experience every stop along the way. This is a time to acknowledge this truth.

I think and pray that we will be meeting in person again soon. Please join us for the outside **January Annual Meeting in May!** Mark your calendar for May 23<sup>rd</sup> at 2:00pm. Find the article about it within. Blessings, Rev. Toni

Blessings To:

«AddressBlock»

*The light of God surrounds us  
The Love of God enfolds us  
The Power of God protects us  
The Presence of God watches over us.  
Wherever we are ...God IS  
And all is well.*

May 2021

### OUR CORE VALUES

#### LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

#### SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

#### JOY

We delight in and encourage our deeply centered happiness.

#### GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

#### INCLUSIVENESS

We embrace each person as a unique expression of God.

Please join us at [Facebook.com/UnityLincoln](https://www.facebook.com/UnityLincoln)

Or Unity Lincoln [YouTube channel](https://www.youtube.com/channel/UC...)

Visit us at [www.unitylincoln.org](http://www.unitylincoln.org),

email [office@unitylincoln.org](mailto:office@unitylincoln.org),

or phone (402) 476-6887

[www.unity.org/prayer/request-prayer](http://www.unity.org/prayer/request-prayer)

### OUR VISION FOR UNITY LINCOLN

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.

*A Covenant with the Life Force*

Father—Mother—God, Creator of the universe, Source of All, I acknowledge Your power as the source of my life, Your intelligence as the director of my cells, Your substance as the fiber of my tissues. I give thanks for Your Life Force within me, and I apologize for the past mistreatment of Your holy temple. I know now that I must work with Your Life Force if I am to fully express my life potential.

Therefore, on this \_\_\_ day of \_\_\_\_\_, 20\_\_\_, I do earnestly and joyfully make this covenant with the Life Force manifesting in my cells.

I promise to appropriate into my mind only thoughts of health and wholeness, envisioning my cells as the perfection they were created to be—worthy of my most noble attitudes and aspirations.

I promise to appropriate into my body only foods of health and wholeness, knowing that God resides in the foods and knowing, too, that what I eat today I become tomorrow. I promise to appropriate into my lifestyle only actions of health and wholeness. To this purpose I seek abundant fresh air and adequate rest; and I will engage in regular constructive exercise, knowing that as I move a muscle, I improve that muscle, and that what is constantly improved cannot perish.

I enter into this covenant in the full realization that God's laws are inviolable. I have unshakable faith that as long as I honor my commitment, the universe will follow inexorably its law of cause and effect and will reward me with the unlimited health and wholeness I fervently seek and desire.

Signature

(Unity has a long history of holistic thinking about health. The following covenant is adapted from the 1983 Unity book, *Nourishing the Life Force* by Richard and Mary-Alice Jafolla. This life-changing agreement goes with the talk given April 25, 2021 in church. Please sign and keep in a safe place as your covenant with the Life Force.)

**World Peace Meditation**

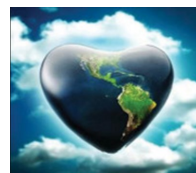
Gandhi said, “We must be the change we wish to see in the world. “

Ancient Hopis said, “We are the ones we have been waiting for.”

Both statements have the ring of truth, so our exercise for this week is to see ourselves as the ones who are bringing world peace into manifestation.

If this resonates with you, please take 15-20 minutes to sit with these thoughts. Allow your inner vision to behold your true essence as a bringer of peace, a bearer of peace, a being of peace, and then let that vision guide your thoughts, words, and actions this week.

Love and blessings,  
Rev. Sharri



One Heart Retreat Center  
185 White Acres Lane  
Marshall, AR 72650

**Magic Pennies Report**

Keep it up!  
You're doing great!



**Magic Pennies Accounting**

2016	\$132.22
2017	\$615.80
2018	\$290.31
2019	\$226.06
2020	\$7.21
	\$1261.60

Remember the competition is on. Who will have the most pennies when we get back into the building? Prize will awarded!!!

**Unity Lincoln logo t-shirts**

now available-see Rev. T  
Teal with embroidered white logo -  
\$18 each M, L, XL  
(others can be ordered pre-pay)  
(note on check: T for Building Fund)



**Monthly Attendance**

Celebrate!!!  
Our online count has gone to  
1000

**Finances- 2021**

Total Income: \$ 3922  
Total Expense: \$ 8802  
**Net \$ (4881)**

Tithes Given \$ 842  
Classes: \$ 230  
Building Fund: \$ 150

**BULLETIN BOARD**

**New Members**

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back!  
Kindly RSVP to Unity Lincoln (402) 476-6887 or [minister@unitylincoln.org](mailto:minister@unitylincoln.org).

**Talk to the Board**

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

**Email List**

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at [office@unitylincoln.org](mailto:office@unitylincoln.org) and ask to be added to our weekly email list.

**Online Tithing**

You can contribute to Unity Lincoln online via the [www.unitylincoln.org](http://www.unitylincoln.org) PayPal account. Log onto <https://www.paypal.com> and send your contribution directly to the Church's Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

**Ministerial Services Available**

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108.  
Email: [minister@unitylincoln.org](mailto:minister@unitylincoln.org). Some services by fee and some on a love offering basis.

**When you write to us**

Though we are located at 1941 N. 68th St., mail you send us must include our P.O. Box.  
Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

**To unsubscribe from this Newsletter**

Write to us at the above address, or email [office@unitylincoln.org](mailto:office@unitylincoln.org). Please refer to the printed Newsletter in your note, with your name and address for confirmation.

**BOARD MEMBERS**



Connie Rose,  
President



Liane Schmidt,  
Vice-President



Paul Fox,  
Treasurer



Adeline Mickens,  
Secretary



Janet Carlson,  
Member-at-Large



Kathy Hutchinson,  
Member-at-Large

**Ministry Team Leaders:**

Hospitality—Dee Tonniges, Liane Schmidt  
Leadership/Coaching—Kris Thaller  
Licensed Unity Teacher—Rev. Evan Coleman  
Music—Rev. Evan Coleman  
Prayer—Connie Rose  
Recording Team—Paul Fox, Bob Kaenel, Connie Rose, Janet Carlson, Adeline Mickens  
SCRIP—Paul Fox  
Website—Paul Fox, Rev. Evan Coleman  
Worship Team—  
Carol Cunningham  
Worship Leaders—Fred Berry, Merry Ford, Kris Thaller, Rene Eveland

**Staff:**

Minister—Rev. Toni Stephens Coleman  
Associate Minister—Rev. Evan Coleman  
Speaker—Rev. Fred Berry  
Music Director—Rev. Evan Coleman  
Pianist—Svetlana Yashirin  
Office—Sharyl Klawitter

# Join us at the virtual 2021 Unity Convention!

## June 14-17, 2021

We have stimulating speakers, inspiring workshops, heartfelt connection time, get-to-know-you networking, stirring music, times of celebration and remembrance, and—oh, yes—a business meeting!

### Keynote Speakers

Rev. Toni Fish, Past Chair, UWM Board of Trustees; Dr. Amanda Kemp; Rev. Myra McFadden; John Wimberly; and Margaret Marcuson

### Musicians

Claudia Carawan, Denise Rosier, Bob Sima and Shannon Plummer, and John Stringer

### Schedule Overview

#### Monday, June 14

Graduation, Ordination, Welcome: John McMahon, Chair, UWM Board of Trustees

**Keynote Speaker:**

Rev. Toni Fish  
"A Wider Horizon"

#### Tuesday, June 15

Workshops, Meaningful Conversations

**Keynote Speaker:**

Dr. Amanda Kemp

"Bringing the Whole Heart and Soul: How to Transform Your Racial Bias"

**Keynote Speaker:**

Rev. Myra McFadden

"Gritty Grace, Abundant Faith: Walking Through Cancer with Spirit"

#### Wednesday, June 16

Memorial Service, Network Tables, Business Meeting Part 1, Meaningful Conversations

**Keynote Speaker:**

John Wimberly  
"The Power of Purpose and Best Practices"

#### Thursday, June 17

Network Tables, Business Meeting Part 2, Workshops, Awards Ceremony, Passing of the Gavel

**Keynote Speaker:**

Margaret Marcuson  
"Sustainable Ministry in a Time of High Anxiety"

### Questions?

Contact Joy Perrie at [convention@unity.org](mailto:convention@unity.org) or 816-434-6834.

See [unity.org/convention](http://unity.org/convention) for more information and to register.

Virtual Convention Rate \$275

See you in June!



### Those That Gave All

#### Mother's Day: May 9th

Whether you are a mother or just want to celebrate the woman that brought you life, May is for Mothers. We acknowledge their importance in our lives. We hold them close to us when we can and when we can't, we hold them in our hearts. The sacrifices, the tears, the smiles, the love that they give is what we cherish. Remember them, let them know how you feel and tell them thank you!



#### Memorial Day: May 31st



Memorial Day is a solemn day to remember those who were lost defending our freedoms and our country. This is a day to thank those who came before us and gave their lives so that we might have the rights that we often take for granted and the freedoms that we have everyday. We honor and remember the those who died for us.

### Share John Jones Memories for the Newsletter

We want to honor our friend and longtime Unity Lincoln member, John Jones, on Sunday, June 13<sup>th</sup> and in the June Newsletter. John made his transition December 26<sup>th</sup> 2020. In his will he bequeathed to Unity Lincoln a lovely tithe of about \$40,000.

In his memory, we are collecting antidotes and stories about John to print in our June Newsletter. Please share with us and each other. Write your remembrance in Word and send by email to [office@unitylincoln.org](mailto:office@unitylincoln.org). or mail to Unity Lincoln at P.O. Box 30209, Lincoln, NE 68503 as soon as possible. An "antidote" is a short amusing or interesting story about a real incident or person.

We can say of John what Ram Dass said in his book *How Can I Help?* "Helping is an act of reverence, worship, gratitude. It is grace merely to have the chance to serve." John was a man of service to Unity Lincoln. We hold him in our hearts and in our memory.

### Friendship Home Gratitude

Friendship Home Administrator, Nicole, picked up and delivered the food we had collected in the second batch of our food drive a few weeks ago. Then two bags of Gerber's Baby Food arrived a few days later, as always happens! I joked with Nicole that I figured either a baby had just arrived or was due to arrive in the next day or two! We laughed...

When Nicole came to collect the baby food she shared that the pantry shelves were nearly empty when she delivered this food collection – and the mothers and children were delighted to see so many cans of fruit which is very unusual! So they especially wanted to thank everyone at Unity Lincoln for the gift of food.

Friendship Home is somewhat unique in that family units are kept together. Unlike many social service organizations, teenage boys are kept within the family wherever possible and healthy for everyone... Usually the family unit is the mother and children. Now however, they are also serving families that do not fit the old paradigm. They are providing shelter, counseling and support services for abused LGBTQ persons and others.

When Unity Lincoln is back in its building, we look forward to joining with Friendship Home presenters as their expert personnel share some of their programs with us.

**Unity Convention June 14 – 17, 2021 – Virtual!**

This is the perfect year for you to attend if you’ve always wanted to check it out – and you can sleep in your own bed! The theme this year is **We Rise Above: Embodying Spirit and Principle.**

For more information talk to Rev. Toni and go to [unity.org/convention](http://unity.org/convention). You will find informative workshops, inspiring Keynote Speakers, glorious positive music and more. The Convention rate is \$275 per person. There is no charge for attendance at the Business Meeting. If you contact Rev. Toni as soon as possible, you may serve as a voting delegate for Unity Lincoln with a required letter filed with UWM.

**Sign Up for Your Talk**

We’re kicking off a series of testimonials or reminiscences about 2020 (and into ’21), the year of the pandemic and so much more.

It just seems like a good idea to help us all process what we’ve been through by sharing our stories with one another. The plan is to give you the opportunity to speak anywhere from three to fifteen minutes during a Sunday service beginning with the May 2 service and going on through the full opening of Sunday services, whenever that might be.

Initially all talks will be pre-recorded. With the potential to present live when we open up fully. Are you interested? Here’s some food for thought, from the last newsletter:

- What has the past year been like for you?
- What losses have you experienced?
- What discoveries have you made?
- What rewards have you received?
- Have you used your Unity/New Thought Principles?
- What will stay with you and what do you plan to release as quickly as possible?
- Did you experience a kind of transformation?
- Did you find inspiration you can share with others?

To participate let Rev. Toni or Janet know as soon as possible to set a date on the calendar. Also, if you think any of your friends or relatives would like to share their stories, let us know. It would be a wonderful opportunity for young people to share. Maybe there’s even a chance to get class credit?


~ Janet

**Annual January Business Meeting – In May!**

Yes, January in May. You might recall that we postponed our Annual Business Meeting, usually held the third Sunday in January due to the Covid-19 virus shutdown. In accordance with our Bylaws, an annual business meeting is required each year. It is now warm and lovely outside, so we have set the date as May 23<sup>rd</sup> at 2pm.

We will hold an abbreviated church service, revisiting the 10:30am morning service with prayer and music, then call the meeting to order. Everyone is invited to attend with members asked to vote. Since we held over the Board of Trustees from last year the biggest issue is likely to be approving past minutes. However, the minister and board would like to hear your ideas for our re-opening. What are your ideas as we go forward? We would like to enlist volunteers to join the Usher Team, Prayer Chaplains, Music Team, Green (Recycling) Team, Garden Team, and Event Team.

# May 2021

SUN	MON	TUE	WED	THU	FRI	SAT
<p>2 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service <i>A Covenant with Abundance</i> Silent Prayer 12:00</p>	3	<p>4 Friends Book Club <i>A New Earth</i> Eckhart Tolle 6:30 pm</p>	<p>5 Landscaping Team 11-4  6:30 pm Unity Café</p>	6	7	8
<p>9 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service <i>Where Love Comes From</i> Silent Prayer 12:00 Mother’s Day</p>	10	<p>11 Friends Book Club <i>A New Earth</i> Eckhart Tolle 6:30 pm</p>	<p>12 Landscaping Team 11-4  6:30 pm Unity Café</p>	13	14	<p>15 Spring Cleaning 9am to 1pm</p>
<p>16 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service <i>The Seed Principle</i> Silent Service 12:00 Soup Sunday 1PM virtual</p>	17	<p>18 Friends Book Club <i>A New Earth</i> Eckhart Tolle 6:30 pm</p>	<p>19 Landscaping Team 11-4  6:30 pm Unity Café</p>	20	21	<p>22 Garden Group 9am to Noon</p>
<p>23 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service <i>Making a Miracle</i> Silent Service 12:00  Annual Business Meeting Outside 2pm</p>	24	<p>25 Friends Book Club <i>A New Earth</i> Eckhart Tolle 6:30 pm</p>	<p>26 Landscaping Team 11-4  6:30 pm Unity Café</p>	27	28	29
<p>30 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service <i>Sabbath-A Gift of Rest</i> Silent Service 12:00</p>	<p>31 Memorial Day </p>	June 1	2	3	4	5