

Unity Lincoln
P.O. Box 30209
Lincoln, NE 68503

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Permit No. 319
Lincoln, NE

Blessings To:

«AddressBlock»

*The light of God surrounds us
The Love of God enfolds us
The Power of God protects us
The Presence of God watches
over us.
Wherever we are ...God IS
And all is well.*

March 2021

OUR CORE VALUES

LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

JOY

We delight in and encourage our deeply centered happiness.

GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

INCLUSIVENESS

We embrace each person as a unique expression of God.

Please join us at [Facebook.com/UnityLincoln](https://www.facebook.com/UnityLincoln)

Or Unity Lincoln [YouTube channel](https://www.youtube.com/channel/UC...)

Visit us at www.unitylincoln.org,

email office@unitylincoln.org,

or phone (402) 476-6887

www.unity.org/prayer/request-prayer

OUR VISION FOR UNITY LINCOLN

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



1941 N. 68th
Lincoln, Nebraska

March 2021

MINISTER'S LETTER

Dear Unity Family and Friends,

Here we are in the Lenten season again. We are moving forward in divine order accomplishing exactly what we need to as divine order unfolds in all areas. No one said our journey was going to be in a straight line! So, again we have circled around the experiential pyramid (the seasons...) and come to our time of introspection, spiritual exploration, release and renewal. When we step back to get an overview, we can recognize that we are in a process of growth and refinement. Each journey around has a more intense, more loving lesson to learn and adopt into ourselves.

So when we perceive that we have a challenge, it is simply our personal version of the spiritual journey. It is immediately helpful to put it into this perspective. Each challenge is our soul's expanding beyond the growth level it was at previously. We are pushing forward into a new creation.

We're taking another part of our spiritual journey. Now, it may feel like a side trip to some. Really? Our side trips *are* our journey! Every step along the way we are keeping divine appointments, meeting people, making soul connections, learning and expanding ourselves in remarkable ways. This is the expansion of our consciousness and our Christ Self! This is no side trip – this IS the trip! When we become aware of this everything unfolds with a kind of ease and grace, even if it is difficult and challenging, we can have a sense of acceptance.

Charles Fillmore said:

"God does not clothe the lilies in a moment and then leave them to the mercy of lack; God gives lilies the continuous supply necessary to their growth. We can rest assured that God will much more clothe us and keep us clothed from day to day according to our need."

The year past has been challenging for everybody. It has stretched us and many of us are exhausted. Yet, we have endured and learned much. I feel a new, deeper level of gratitude than ever before. A new world is being created.

I hope that as you read through your March newsletter you will recognize that we are striving to re-energize and connect to join your energy with ours. Paul and Rev. Evan have been changing equipment so that we can re-claim the floor space in our sanctuary for seating people without forfeiting online presentation. We have plans for freshening the building with a Spring Cleaning and digging out from winter with a Garden Clean-up. A new book club selection begins and new classes will be starting soon. We are re-starting our "pot luck Sundays" with a Soup Sunday on Zoom. We are looking forward to new life!

My arm is a little sore from my Covid-19 vaccination this week – I hope you are experiencing the same sort of reminder that we are all getting ready for the next part of our journey together at Unity Lincoln. Please join us virtually for this year's Lent and Easter experiences and prepare to come together again in our newness very soon!

God Loves You & Blesses You & so do I! *REV. TONI*

World Peace Meditation

A hologram is a picture that is composed of a multitude of miniatures of itself. That is, if you shatter a holographic slide and then examine the shards, each one will contain the entire image. This phenomenon appears frequently in nature – in the crystalline structure of stones, in the growth pattern of ferns, in the structure of a conch shell, etc. Of course, we know that Nature is another name for God, so we are not surprised to realize that this term can be applied to humans, as well – we are holograms of God!

If this resonates with you, please take 15-20 minutes to sit silently and absorb this delightful fact: all that God is IS in you, and in every living being. We are absolutely one! Now, contemplate this question: as we are one life how could we not be at peace? Peace, which is the nature of God, is our nature, too.

Love and blessings, Rev. Sharri



One Heart Retreat Center
185 White Acres Lane
Marshall, AR 72650

Positive Re-Write = Positive Change

In January we asked “How will we recognize a world that works for all?” As we re-read the list of attributes and worked with them, Rev. Evan and I realized that we had formed them as negative statements, consistent with how they developed as the interfaith group spoke them, for example: “Nobody will go hungry.” Here I have evolved them into positive statements. This is the power of the Word. Again, now: “How will we recognize a world that works for all?”

- Everybody has plenty to eat;
- Everybody has a home;
- Everyone feels safe;
- Everyone has a good education;
- Everyone has meaningful work to do;
- Everybody has friends and family;
- Everyone feels heard;
- Every talent is recognized;
- Every person has adequate medical care;
- Violence is extinct;
- All skills are used;
- All spiritual paths are honored and respected;
- Everyone knows joy;
- Compassionate love is the rule.



St. Patrick’s Day at Unity Café – March 17th

Wear your green and join us on Wednesday, March 17th at 6:30pm at Unity Café to commemorate the life of Saint Patrick and celebrate the heritage and culture of the Irish. Whether “you’ve got Irish in ya or not a bit,” everyone is welcome to come study and play with us!

We will strive to weave the story of St. Patrick’s Day together with our **Fourth Living Word** of Lent: **Truth** – with a capital “T.”

Did you know that the tradition of wearing green is tied to folklore that says wearing green makes you invisible to leprechauns? They like to pinch anyone they can see. (Small “t” truth.)



Magic Pennies Report

Keep it up!
You’re doing great!



Magic Pennies Accounting

2016	\$132.22
2017	\$615.80
2018	\$290.31
2019	\$226.06
2020	\$7.21
	\$1261.60

Remember the competition is on. Who will have the most pennies when we get back into the building? Prize will awarded!!!

Unity Lincoln logo t-shirts

now available-see Rev. T
Teal with embroidered white logo –
\$18 each M, L, XL
(others can be ordered pre-pay)
(note on check: T for Building Fund)



Monthly Attendance

Celebrate!!!
Our online count has gone to
1000

Finances- 2021

Total Income:	\$ 5286
Total Expense:	\$ 5096
	Net \$190
Tithes Given	\$ 662
Classes:	\$ 247
Building Fund:	\$ 391

BULLETIN BOARD

New Members

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back! Kindly RSVP to Unity Lincoln (402) 476-6887 or minister@unitylincoln.org.

Talk to the Board

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

Email List

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at office@unitylincoln.org and ask to be added to our weekly email list.

Online Tithing

You can contribute to Unity Lincoln online via the www.unitylincoln.org PayPal account. Log onto <https://www.paypal.com> and send your contribution directly to the Church’s Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

Ministerial Services Available

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108. Email: minister@unitylincoln.org. Some services by fee and some on a love offering basis.

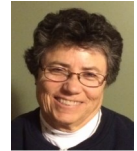
When you write to us

Though we are located at 1941 N. 68th St., mail you send us must include our P.O. Box. Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

To unsubscribe from this Newsletter

Write to us at the above address, or email office@unitylincoln.org. Please refer to the printed Newsletter in your note, with your name and address for confirmation.

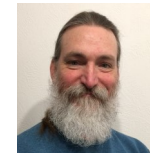
BOARD MEMBERS



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President



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Paul Fox,
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Kathy Hutchinson,
Member-at-Large

Ministry Team Leaders:

- Hospitality—Dee Tonniges, Liane Schmidt
- Leadership/Coaching—Kris Thaller
- Licensed Unity Teacher—Rev. Evan Coleman
- Music—Rev. Evan Coleman
- Prayer—Connie Rose
- Recording Team—Paul Fox, Bob Kaenel, Connie Rose, Janet Carlson, Adeline Mickens
- SCRIP—Paul Fox
- Website—Paul Fox, Rev. Evan Coleman
- Worship Team—Carol Cunningham
- Worship Leaders—Fred Berry, Merry Ford, Kris Thaller, Rene Eveland

Staff:

- Minister—Rev. Toni Stephens Coleman
- Associate Minister—Rev. Evan Coleman
- Speaker—Rev. Fred Berry
- Music Director—Rev. Evan Coleman
- Pianist—Svetlana Yashirin
- Office—Sharyl Klawitter

Photo Release Form

Recently our association has sent out a request that all ministries create a folder of legal consent forms for people who enter the church or attend any activity to provide permission for being photographed or filmed in any way. We must have a release for any person whose face is recognizable in any image. The release document can be used by our ministry when taking photos or videos to use in the newsletter, a brochure, in a PowerPoint, video or on our website, etc. From the leadership side, we will not use any likeness if we don't have a permission form on file. If people are under age 18, we must have a release from their parent/guardian before using their image. We have also been advised to collect a list of "Do Not Photograph" names. If this is you, please write your name on that list in the back of the binder. We honor your choice.

A binder has been created. When you come in to participate in a reading or other activity at Unity Lincoln, please help us by signing the permission form and leaving it in the binder. We will try to remember to ask; however, as time goes by we will appreciate your help with this.



Presidents Letter

Welcome to My World,

In the **Release and Renew** Lenten booklet for March the focus is on Oneness, Truth, Vision and Completion. This reminds me of how these four living words unite us as a community. We have been blessed with technology and are blessed to be able to share our Sunday Morning Services and the Unity Café on Wednesday evenings with many congregants, friends and neighbors. The lessons we receive from these services are invaluable to our spiritual journey.

While we focus on these living words, remember to include in your prayers and blessings the ongoing Season for Nonviolence. It will conclude Easter April 4th; however the wish is for it to be ongoing. Think about how you can contribute to nonviolence in your life and the world each day.

Have a safe and healthy St Patrick's Day. Namaste, *Connie*

Adeline's Friends Book Club

The book club will be finishing Marianne Williamson's book, *A Return to Love* around March 23rd. By all accounts it has been a wonderful read! They have selected the next book for study – *A New Earth – Awakening to Your Life's Purpose*, by Eckhart Tolle. The scheduled start will be April 20th after a few weeks off.

A New Earth builds on Tolle's *The Power of Now* which was #1 on the New York Times Best Selling List. *A New Earth* talks about moving beyond our own lives to create a new, more loving world. It "involves a radical inner leap of consciousness from the current identification with our ego to an entirely new way of thinking about who we are."

Make new friends and join your old friends on Zoom on Tuesday evenings at 6 pm starting April 20th. For the Zoom connection, call or email the office, unityoffice@unitylincoln.org. Be sure to leave your email address so that we can send you the link!



Book Club breaks March 23rd through April 13th. New book starts April 20th.

Pet Memorial Service – 2021

Mark your calendar and share with your friends, our Pet Memorial Service will be Saturday, April 17th from 1:00 pm to 2:00 pm this year. Many of us have lost our beloved family pet members this year. We honor them and remember them in this service.

The Pet Memorial Service will be available via Unity Lincoln YouTube and Facebook with a limited number of people in the sanctuary. Watch for the latest information. And please help us share the word with others. We will have flyers that you can take to your vet and shelters, ask Rev. T when it gets a little closer.



Third Sunday – Soup Sunday

I've missed our third Sunday pot lucks terribly, haven't you? Well, it won't be long now, so to begin the tradition again in a safe way, let's start sharing a simple meal together virtually on the third Sundays of the month starting in March – shall we?

We will make a Zoom link at 1 pm on Sunday afternoon March 21st. Please share a simple meal – a bowl of soup, a sandwich – and some "get together and catch-up" conversation. We will go around and have a check in to see what everyone is doing. Since it is the week of St. Patrick's Day, feel free to share something about the day, a joke or story or memory if you'd like.

To get the Zoom connection link, call or email the church and leave your email address in advance. It will be the same link we use for our Board of Trustee meetings.



Mark Your Calendar

Spring Cleaning at Unity Lincoln is scheduled for Saturday, May 15th. Let's clean and dust and wipe away the cobwebs! Soon we will be able to return to meeting together.

Garden Clean-up, beginning in honor of Earth Day, Saturday, April 24th, adopt an area of the garden to care for. There's still time to help design a special Earth Day memory. What would you like to do?

As needed, we will continue to wear our masks and social distance, working in our living pods or family units. We can still accomplish a clean building and a tidier garden. Please plan to join and share. Both activities will probably be from 9 am to noon or 1 pm.

Spring is right around the corner. The Spring Equinox is March 20th! As the snow melts can the buds be far away?

*May today and everyday
bring you joy, peace
and blessings*

Spiritual Service Opportunities

We have numerous service opportunities here at Unity Lincoln. Let me share a short list:
Recycling Champion to keep an eye on the 3 recycling bins (2 in offices, 1 in the kitchen) and move materials along to recycling appropriately. Position includes recycling for special events & situations.
Supply Angel to monitor supplies like toilet paper, hand towels, kitchen supplies & purchase as needed (with refund).
Event Advocate to support events & activities at the church, especially when we get going again.

For more information, discussion and to offer to help, please talk to Rev. Toni anytime.

Earth Day 2021

Last year I wrote this titled: Earth Day 2020: "Here at Unity Lincoln we had great plans for Earth Day this year. It is the 50th anniversary of the first Earth Day event. Many of us remember it well! We had focused energy towards slowing population growth and air and water pollution."

Well, this year we are still in shut-down mode, focused on staying safe and healthy. Over half a million people have died from the Covid-19 pandemic as of this writing. However, we are moving towards the end. Three working vaccines have been produced and are being administered worldwide. Soon we will be able to move forward and meet in person again.

It is my hope that we can, as a population, fill our awareness with what we have learned about ourselves and each other through this time. It is my hope that the generations have learned to work together with more awareness and compassion. Young people have really stepped up during this time to be of service! Let us not forget.

Older generations have learned to be patient as never before and appreciative. And there is something in learning to ask for help and then accepting it graciously. Let us not forget.

We have gone through great introspection as a nation, learning that we have a long way to go to practice the values set forth in our Declaration: All men are created equal! (And women.) And, to perfect the function and manifest the freedoms proposed in the Constitution. We as Americans have seen some of our ugly sides and now we recognize that we have much to do to become who we want to be.

This Earth Day, and as we move into a new paradigm, let's remember who and what we truly want to be. Let's set our values before us as our guide and allow Spirit to flow and work through us. Ask yourself: "How does a spiritual person show up?" in every situation.

After Easter, Rev. Toni will be putting out a call to you asking you to share your personal experience and thoughts with us about the pandemic. This will be in the form of "testimonials" to be presented on Sunday mornings. Please be thinking about what the gifts of your Pandemic Experience have been and what you might share. If ideas cross your mind, write them down to capture them. What have you learned this year that you can share? Have Unity and Unity Principles supported you? Let us not forget this year past and let us collect the rewards of our experiences. ~ Rev. T



March 2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 Friends Book Club Return to Love By Marianne Williamson 6:30pm	3 6:30 pm Unity Café	4	5	6
7 Friendship Sunday 9:00 am – 9:55 am Metaphysics 10:30 am – Service Third Living Word: Oneness Silent Prayer 12:00	8	9 Friends Book Club Return to Love By Marianne Williamson 6:30pm	10 6:30 pm Unity Café	11	12	13
14 Friendship Sunday 9:00 am – 9:55 am Metaphysics 10:30 am – Service Fourth Living Word: Truth Silent Service 12:00 Daylight Savings Time	15	16 Friends Book Club Return to Love By Marianne Williamson 6:30pm	17 6:30 pm Unity Café St. Patrick's Day	18	19	20
21 Friendship Sunday 9:00 am – 9:55 am Metaphysics 10:30 am – Service Fifth Living Word: Vision Silent Service 12:00 Soup Sunday	22	23	24 6:30 pm Unity Café	25	26	27
28 Friendship Sunday 9:00 am – 9:55 am Metaphysics 10:30 am – Service Sixth Living Word: Completion Palm Sunday Silent Service 12:00	29	30	31 6:30 pm Unity Café			Friends Book Club will be on break from March 23 to April 13th New book starts on April 20th