Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

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Lincoln, NE

Blessings To:

«AddressBlock»

The light of God surrounds us
The Love of God enfolds us
The Power of God protects us
The Presence of God watches
over us.

Wherever we are ...God IS And all is well.

January 2021

OUR CORE VALUES

LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

IOY

We delight in and encourage our deeply centered happiness.

GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

INCLUSIVENESS

We embrace each person as a unique expression of God.

Please join us at Facebook.com/UnityLincoln

Or Unity Lincoln YouTube channel
Visit us at www.unitylincoln.org,
email office@unitylincoln.org,

or phone (402) 476-6887 www.unity.org/prayer/request-prayer

OUR VISION FOR UNITY LINCOLN

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



1941 N. 68th Lincoln, Nebraska

January 2021

MINISTER'S LETTER

Here at Unity Lincoln we are moving forward into a new year with joy, anticipation and resilience. We have chosen as our theme... our guiding thought: **One with the One in 2021 – Resilient and strong!** The word and thought resilient is popping up everywhere and I invite you to claim it and make it your own. It is an energized, sparkly word, filled with hope and girded by faith.

It's time for new beginnings. You are letting go of old limiting beliefs. New energy is entering your life. You are pushing past whatever is holding you back. You are clearing out the things you won't have use for and making space for new to emerge. You are healing and growing. You are brave enough to make new changes. Things are working in your favor. You are manifesting something incredible. It won't be long before we are again able to go about our daily schedules – but let's not settle for the old "used to be's." Let's re-envision our world and lives with better, healthier, more loving and kind patterns. When the world around us changes our best plan for forward movement is to envision something better! Change is an opportunity for improvement!

It is a time to re-envision the future of Unity Lincoln as well as your life. Please read and study the *Vision for Unity Lincoln* printed on the front of this newsletter. These seven points were created as part of a church-wide process to answer the question: *How will we know when we have achieved our goal and manifested our Vision and Mission Statements for the church?*

OUR VISION FOR THE WORLD

We joyfully celebrate a loving world of peace, harmony, and abundance.

OUR MISSION

We are a loving spiritual community consciously choosing to recognize and demonstrate we are God in action.

Things have changed. Things are changing. When we come back into our building and re-establish our programs, what do you want? How will we **demonstrate**? A church is the varied mixture of people brought together by common values and interests. Who are we becoming in our new iteration as a spiritual community? I invite you to think, pray and imagine these questions. Please make notes and when we are again able to join together in a Town Hall plan to share.

Affirming for you a Joyous New Year! Rev. Toní

Words of Wisdom

I often find peace and understanding in the wisdom teachings of Native American poets, writers, and storytellers. They teach us that we must live harmoniously with each other and the natural world around us.

You have heard the key phrase of this teaching before. Here is the message in full. I think it is especially needed at this tumultuous time. It is a prophecy made by the Oraibi Elders of the Arizona Hopi Nation, entitled "We Are the Ones We've Been Waiting For." These words leave me in a state of awe and reverence.

Please share this powerful text with friends and family, and give it the extra creative power of the spoken word — Native American stories and prophecies are designed to be shared through the spoken word. I pray that that this prophecy will guide us as we transition to a place of higher consciousness.

We Are the Ones We've Been Waiting For

You have been telling people that this is the eleventh hour.

Now you must go back and tell people that this is the hour!

And there are things to be considered:

Where are you living?

What are you doing?

What are your relationships?

Are you in right relation?

Where is your water?

Know your garden.

It is time to speak your truth.

Create your community.

Be good to yourself.

And not look outside of yourself for a leader.

This could be a good time!

There is a river flowing very fast.

It is so great and fast that there are those who will be afraid.

They will hold on to the shore.

They will feel that they are being torn apart, and they will suffer greatly.

Know that the river has its destination.

The elders say that we must let go of the shore,

push off into the middle of the river,

keep our eyes open,

and our heads above the water.

See who is in there with you and celebrate.

At this time we are to take nothing personally, least of all, ourselves.

For the moment that we do, our spiritual growth comes to a halt.

The time of the lone wolf is over.

Gather yourselves!

Banish the word struggle from your attitude and your vocabulary.

All that we do now must be done in a sacred manner and in celebration.

We are the ones that we have been waiting for.

-Oraibi Elders of the Arizona Hopi Nation

Magic Pennies Report

Keep it up! You're doing great!

Magic Pennies Accounting

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2016	\$132.22				
2017	\$615.80				
2018	\$290.31				
2019	\$226.06				
2020	\$7.21				

Unity Lincoln logo t-shirts

now available-see Rev. T Teal with embroidered white logo -\$18 each M, L, XL (others can be ordered pre-pay) (note on check: T for Building Fund)



Monthly Attendance

Ave./Sunday
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Finances- 2020

Total Income:	\$ 4503
Total Expense:	\$ 4813
Net	\$ (310.51)

Tithes Given	\$ 507
Classes:	\$ 152

Building Fund: \$ 519

BULLETIN BOARD

New Members

\$1271.60

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back! Kindly RSVP to Unity Lincoln (402) 476-6887 or minister@unitylincoln.org.

Talk to the Board

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

Email List

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at office@unitylincoln.org and ask to be added to our weekly email list.

Online Tithing

You can contribute to Unity Lincoln online via the www.unitylincoln.org PayPal account. Log onto https://www.paypal.com and send your contribution directly to the Church's Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

Ministerial Services Available

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108. Email: minister@unitylincoln.org. Some services by fee and some on a love offering basis.

When you write to us

Though we are *located* at 1941 N. 68th St., *mail* you send us must include our P.O. Box. Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

To unsubscribe from this Newsletter

Write to us at the above address, or email office@unitylincoln.org. Please refer to the printed Newsletter in your note, with your name and address for confirmation.

BOARD MEMBERS









Member-at-Large

Watch for new board positions!

Ministry Team Leaders: Hospitality—Dee Tonniges, Liane

Leadership/Coaching—Kris Thaller Licensed Ünity Teacher—Rev. Evan Coleman

Music—Rev. Evan Coleman Prayer—Connie Rose

Recording Team—Paul Fox, Bob Kaenel, Connie Rose, Janet Carlson, Adeline Mickens

SCRIP—Paul Fox Website-Paul Fox, Rev. Evan Coleman

Worthship Team—

Carol Cunningham Worthship Leaders—Fred Berry, Merry Ford, Kris Thaller, Rene Eveland

Staff:

Minister—Rev. Toni Stephens

Associate Minister—Rev. Evan Coleman

Speaker—Rev. Fred Berry Music Director—Rev. Evan

Coleman Pianist—Svetlana Yashirin

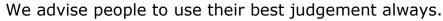
Office—Sharyl Klawitter

Inclement Weather Policy

The following is our policy and procedure for inclement weather. Of course, this year has been unique! Our Sunday service at 10:30am welcomes 6 people (plus presenters = 10 total. We ask that you wear a mask and CALL AHEAD so we don't go over our 10 capacity! All services, classes and The Unity Café are on YouTube and Facebook. We invite you to stay warm, stay home, and join us in your jammies! God Bless you.]

Unity Lincoln has an "Inclement Weather Policy." The Board of Trustees has selected First Plymouth Church downtown to determine our closing status during the winter. Go to 1011now.com/weather/closings Sunday morning or other typical church day. Check the list of closings for First Plymouth Church. If they are closed, we are closed. Note: In general, churches do not close unless there is a major ice or snow storm or they are small and rural. Why?

We dress for the cold and turn on the heater.



We consider the person or people who go to the effort to attend and may get there to find the doors locked.



In addition to joining Unity Lincoln in its Burning Bowl Service, Sunday, December 27th, you are invited to join Unity World Headquarters at Unity Village in a virtual service, either on Facebook or YouTube, on **January 13, at 2 p.m**. (CT). Let us release 2020 and set intentions for 2021. The service is in English or en español. Get more information at. unity.org/burning-bowl including a virtual releasing form to send to Silent Unity.

Friend's Book Club Is Back

The book club will resume Zoom meetings Tuesdays, January 19th at 6:00 PM. The new book that they have chosen is *Return to Love* by Maryann Williamson. Make friends, enrich your life and expand your learning by joining in!

To get the Zoom contact information call the church and leave your call back information. 402-476-6887.

January Annual Business Meeting Announcement

This is a year requiring us to be flexible, stay safe and take care of each other. In this spirit the Board of Trustees has determined that the Annual Business Meeting, usually held the third Sunday in January will be postponed until late spring or a time when it is safe to come together again. The 10-day notice letter for January will be sent to members detailing this decision. There will be another letter sent to you to announce the meeting in a timely fashion.

New Board officers were selected at the Board's December 13th meeting. Officers for the year 2021 are: President: Connie Rose; Vice President: Liane Schmidt; Secretary: Adeline Mickens Berry; Treasurer: Paul Fox; Member-at-Large (Bylaws): Janet Carlson; Member at Large (Corresponding): Kathy Hutchinson.

This I Believe

Well, another Christmas is past, and I keep getting more 'stuff.' I told my kids several years ago not to give me Christmas presents any more. At my age I just go out and buy anything I need, when I need it and I certainly don't need much. The thing is, it makes them feel good and that means a lot to both them and me. If I have a lot of 'stuff' in my closets, when I leave this earthly plane, they can always give the stuff away to some organization that needs it. Things used to be a little different fifty or sixty years ago. You didn't discard anything. In 1984 when my parents moved from the house that my mother's father had built in 1930 (thereabouts), we three children helped clean out the house. Among other things we found twenty-six hair nets - count 'em, 26, and lots and lots of rolled up random sized pieces of cloth. During the great depression you didn't throw anything away. I've told my kids that I'm passing the tradition along by saving twist ties. Every twist tie I get from a loaf of bread or anything else, goes into a small drawer in the kitchen. It takes a LOT of twist ties to fill up a small space in a drawer, but maybe they will have some value someday – as antiques. Maybe so much of the stuff we treasure now will be worthless in a few years.

When I moved from Elmwood to my apartment in Lincoln, one of the things that had to go was a genuine old wooden butcher block. Even with the legs removed, it weighed a couple hundred pounds and was probably worth eight hundred dollars at the time. One of my daughters had her heart set on getting it and since nobody else had room, she got it. Now, a few years later it's worth zero. Grandma Eyerly had a collection of tea cups and saucers that mom continued. Same story, nobody collects tea cups anymore. The world is full of stuff that nobody wants or has any use for anymore. The one thing that never seems to go out of style is new ideas. Folks keep looking for the latest technology and inventors keep inventing it. Is there a limit to what new toy can be invented? Maybe, but I wouldn't bet on it.

Our search for meaning however has gone at a much slower pace. Much of our current spiritual belief is based on things that happened thousands of years ago and folks who have tried to incorporate new findings are often referred to as heretics or worse. I think that as long as we continue to advance our spiritual knowledge, especially into the quantum field, that our spiritual beliefs will have to keep pace or lose out to a secular realm — that sometimes really

lose out to a secular realm — that sometimes really scares me. It's really difficult for me to try to imagine a world that didn't begin with a Creator, who loves the Creation and can't wait to experience our understanding of it.

Peace, Love and Blessings
John Jones

Blessings on the next phase of your soul's journey.



Theme for the New Year: One with the One in 2021 - Resilient and strong!

World Peace Meditation

In this peace that holds me so gently I find strength and protection from all fear or anxiety.

It is the peace of God in which I feel the love of a Holy Presence.

I am so conscious of this love, this protection that every sense of fear slips away from me as mist fades in the morning light.

I see good in everything, God personified in all people, Life manifest in every event.

Spirit is not separate from persons or events; I see that It unites everything with Itself, vitalizing all with the energy of Its own being, creating everything through Its own divine imagination, surrounding everything with peace and quiet and calm. I am one with this deep, abiding peace.

I know that all is well.

-Ernest Holmes & Raymond Charles Barker, Richer Living.

I invite you to take 15 – 20 minutes to sit with these words in the silence. Allow them to fill you will an awareness of the peace that is your nature. When all people feel peace within themselves, it MUST manifest among them, too.

Love and blessings, Rev. Sharri



One Heart Retreat Center 185 White Acres Lane Marshall, AR 72650

Free—from UnityOnline.org

This year Unity World Headquarters has been busy creating wonderful resources for us. Enjoy free, peaceful, affirmative meditations with music and inspiring visuals from Unity. As of today there are 49 beautiful spoken meditations for us to experience at youtube.com/c/UnityOnlineOrg go to "Playlist" then "Meditations." Also find meditations and other materials here: unity.org/resources/tools-difficult-times#audio-medit

A Prayer for Children: Inner Peace By Rev. Adriana Segovia

The Unity Movement has many rich resources for children and young adults. A recent article online at unity.org/resources/articles/prayer-children-inner-peace shares some thoughts to give children peace and parents and caretakers support and reassurance during this challenging time. The book mentioned in the article, I Believe in Me - A Book of Affirmations, is especially for youngsters. It can be found in our Unity Lincoln bookstore. It is our prayer that when we reopen we can build a vital and blessed children's church. If you want it - it can be!

Please Join in Our Prayer Affirmation for Our Church Family:

Unity Lincoln is blessed to draw the people, funds and all that is required for the health and growth of our community and peace in the world – Heart to Heart.

January 2021

SUN	MON	TUE	WED	THU	FRI	SAT
3 Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Words of Wisdom White Stone Ceremony Silent Prayer	4	5	6 6:30 pm Unity Café	7	8	9
10 Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Survive Divisiveness and Learn to Love Everyone Silent Prayer		12	13 Unity World Headquarters' Burning Bowl Service at 2 p.m. 6:30 pm	14	15	16
12:00			Unity Café			
17 Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Living Your Calling Silent Service 12:00	18	Friends Book Club Return to Love By Maryann Williamson 6:00pm	20 6:30 pm Unity Café	21	22	23
24 Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service Radical Wisdom Silent Service 12:00	25	Friends Book Club Return to Love By Maryann William- son 6:00pm	27 6:30 pm Unity Café	28	29	30
31 Friendship Sunday 9:00 am - 9:55 am Metaphysics 10:30 am - Service I Want to Hold Your Hand Silent Service 12:00						

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