

Unity Lincoln  
P.O. Box 30209  
Lincoln, NE 68503

Non-Profit Org.  
U.S. Postage Paid  
Permit No. 319  
Lincoln, NE

Blessings To:

«AddressBlock»

*The light of God surrounds us  
The Love of God enfolds us  
The Power of God protects us  
The Presence of God watches  
over us.  
Wherever we are ...God IS  
And all is well.*

*January 2021*

### OUR CORE VALUES

#### LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

#### SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

#### JOY

We delight in and encourage our deeply centered happiness.

#### GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

#### INCLUSIVENESS

We embrace each person as a unique expression of God.

Please join us at [Facebook.com/UnityLincoln](https://www.facebook.com/UnityLincoln)

Or Unity Lincoln [YouTube channel](https://www.youtube.com/channel/UCv8v8v8v8v8v8v8v8v8v8v8)

Visit us at [www.unitylincoln.org](http://www.unitylincoln.org),  
email [office@unitylincoln.org](mailto:office@unitylincoln.org),

or phone (402) 476-6887

[www.unity.org/prayer/request-prayer](http://www.unity.org/prayer/request-prayer)

### OUR VISION FOR UNITY LINCOLN

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



1941 N. 68<sup>th</sup>  
Lincoln, Nebraska

*January 2021*

### MINISTER'S LETTER

Here at Unity Lincoln we are moving forward into a new year with joy, anticipation and resilience. We have chosen as our theme... our guiding thought: **One with the One in 2021 – Resilient and strong!** The word and thought resilient is popping up everywhere and I invite you to claim it and make it your own. It is an energized, sparkly word, filled with hope and girded by faith.

It's time for new beginnings. You are letting go of old limiting beliefs. New energy is entering your life. You are pushing past whatever is holding you back. You are clearing out the things you won't have use for and making space for new to emerge. You are healing and growing. You are brave enough to make new changes. Things are working in your favor. You are manifesting something incredible. It won't be long before we are again able to go about our daily schedules – but let's not settle for the old "used to be's." Let's re-envision our world and lives with better, healthier, more loving and kind patterns. When the world around us changes our best plan for forward movement is to envision something better! Change is an opportunity for improvement!

It is a time to re-envision the future of Unity Lincoln as well as your life. Please read and study the **Vision for Unity Lincoln** printed on the front of this newsletter. These seven points were created as part of a church-wide process to answer the question: **How will we know when we have achieved our goal and manifested our Vision and Mission Statements for the church?**

#### OUR VISION FOR THE WORLD

We joyfully celebrate a loving world of peace, harmony, and abundance.

#### OUR MISSION

We are a loving spiritual community consciously choosing to recognize and demonstrate we are God in action.

Things have changed. Things are changing. When we come back into our building and re-establish our programs, what do you want? How will we **demonstrate**? A church is the varied mixture of people brought together by common values and interests. Who are we becoming in our new iteration as a spiritual community? I invite you to think, pray and imagine these questions. Please make notes and when we are again able to join together in a Town Hall plan to share.

Affirming for you a Joyous New Year!      Rev. Toni

–Oraibi Elders of the Arizona Hopi Nation

-7-



### Inclement Weather Policy

The following is our policy and procedure for inclement weather. Of course, this year has been unique! Our Sunday service at 10:30am welcomes 6 people (plus presenters = 10 total. We ask that you wear a mask and CALL AHEAD so we don't go over our 10 capacity! All services, classes and The Unity Café are on YouTube and Facebook. We invite you to stay warm, stay home, and join us in your jammies! God Bless you.]

Unity Lincoln has an "Inclement Weather Policy." The Board of Trustees has selected First Plymouth Church downtown to determine our closing status during the winter. [Go to 1011now.com/weather/closings](https://1011now.com/weather/closings) Sunday morning or other typical church day. Check the list of closings for First Plymouth Church. If they are closed, we are closed. Note: In general, churches do not close unless there is a major ice or snow storm or they are small and rural. Why?



We dress for the cold and turn on the heater.

We advise people to use their best judgement always.

We consider the person or people who go to the effort to attend and may get there to find the doors locked.

### Unity World Headquarters' Burning Bowl Service

In addition to joining Unity Lincoln in its Burning Bowl Service, Sunday, December 27<sup>th</sup>, you are invited to join Unity World Headquarters at Unity Village in a virtual service, either on Facebook or YouTube, on **January 13, at 2 p.m.** (CT). Let us release 2020 and set intentions for 2021. The service is in English or en español. Get more information at: [unity.org/burning-bowl](https://unity.org/burning-bowl) including a virtual releasing form to send to Silent Unity.

### Friend's Book Club Is Back

The book club will resume Zoom meetings Tuesdays, January 19<sup>th</sup> at 6:00 PM. The new book that they have chosen is *Return to Love* by Maryann Williamson. Make friends, enrich your life and expand your learning by joining in!

To get the Zoom contact information call the church and leave your call back information. 402-476-6887.

### January Annual Business Meeting Announcement

This is a year requiring us to be flexible, stay safe and take care of each other. In this spirit the Board of Trustees has determined that the Annual Business Meeting, usually held the third Sunday in January will be postponed until late spring or a time when it is safe to come together again. The 10-day notice letter for January will be sent to members detailing this decision. There will be another letter sent to you to announce the meeting in a timely fashion.

New Board officers were selected at the Board's December 13<sup>th</sup> meeting. Officers for the year 2021 are: President: Connie Rose; Vice President: Liane Schmidt; Secretary: Adeline Mickens Berry; Treasurer: Paul Fox; Member-at-Large (Bylaws): Janet Carlson; Member at Large (Corresponding): Kathy Hutchinson.

### This I Believe

Well, another Christmas is past, and I keep getting more 'stuff.' I told my kids several years ago not to give me Christmas presents any more. At my age I just go out and buy anything I need, when I need it and I certainly don't need much. The thing is, it makes them feel good and that means a lot to both them and me. If I have a lot of 'stuff' in my closets, when I leave this earthly plane, they can always give the stuff away to some organization that needs it. Things used to be a little different fifty or sixty years ago. You didn't discard anything. In 1984 when my parents moved from the house that my mother's father had built in 1930 (thereabouts), we three children helped clean out the house. Among other things we found twenty-six hair nets - count 'em, 26, and lots and lots of rolled up random sized pieces of cloth. During the great depression you didn't throw anything away. I've told my kids that I'm passing the tradition along by saving twist ties. Every twist tie I get from a loaf of bread or anything else, goes into a small drawer in the kitchen. It takes a LOT of twist ties to fill up a small space in a drawer, but maybe they will have some value someday - as antiques. Maybe so much of the stuff we treasure now will be worthless in a few years.

When I moved from Elmwood to my apartment in Lincoln, one of the things that had to go was a genuine old wooden butcher block. Even with the legs removed, it weighed a couple hundred pounds and was probably worth eight hundred dollars at the time. One of my daughters had her heart set on getting it and since nobody else had room, she got it. Now, a few years later it's worth zero. Grandma Eyerly had a collection of tea cups and saucers that mom continued. Same story, nobody collects tea cups anymore. The world is full of stuff that nobody wants or has any use for anymore. The one thing that never seems to go out of style is new ideas. Folks keep looking for the latest technology and inventors keep inventing it. Is there a limit to what new toy can be invented? Maybe, but I wouldn't bet on it.

Our search for meaning however has gone at a much slower pace. Much of our current spiritual belief is based on things that happened thousands of years ago and folks who have tried to incorporate new findings are often referred to as heretics or worse. I think that as long as we continue to advance our spiritual knowledge, especially into the quantum field, that our spiritual beliefs will have to keep pace or lose out to a secular realm — that sometimes really scares me. It's really difficult for me to try to imagine a world that didn't begin with a Creator, who loves the Creation and can't wait to experience our understanding of it.

Peace, Love and Blessings

John Jones

Blessings on the next phase of your soul's journey.



**Theme for the New Year: One with the  
One in 2021  
– Resilient and strong!**

### World Peace Meditation

In this peace that holds me so gently I find strength and protection from all fear or anxiety.

It is the peace of God in which I feel the love of a Holy Presence.

I am so conscious of this love, this protection that every sense of fear slips away from me as mist fades in the morning light.

I see good in everything, God personified in all people, Life manifest in every event.


Spirit is not separate from persons or events; I see that It unites everything with Itself, vitalizing all with the energy of Its own being, creating everything through Its own divine imagination, surrounding everything with peace and quiet and calm. I am one with this deep, abiding peace.

I know that all is well.

-Ernest Holmes & Raymond Charles Barker, **Richer Living**.

I invite you to take 15 – 20 minutes to sit with these words in the silence. Allow them to fill you will an awareness of the peace that is your nature. When all people feel peace within themselves, it MUST manifest among them, too.

Love and blessings,  
Rev. Sharri



One Heart Retreat Center  
185 White Acres Lane  
Marshall, AR 72650

### Free—from UnityOnline.org

This year Unity World Headquarters has been busy creating wonderful resources for us. Enjoy free, peaceful, affirmative meditations with music and inspiring visuals from Unity. As of today there are 49 beautiful spoken meditations for us to experience at [youtube.com/c/UnityOnlineOrg](https://youtube.com/c/UnityOnlineOrg) go to “Playlist” then “Meditations.” Also find meditations and other materials here: [unity.org/resources/tools-difficult-times#audio-medit](https://unity.org/resources/tools-difficult-times#audio-medit)


### A Prayer for Children: Inner Peace

#### By Rev. Adriana Segovia

The Unity Movement has many rich resources for children and young adults. A recent article online at [unity.org/resources/articles/prayer-children-inner-peace](https://unity.org/resources/articles/prayer-children-inner-peace) shares some thoughts to give children peace and parents and caretakers support and reassurance during this challenging time. The book mentioned in the article, **I Believe in Me – A Book of Affirmations**, is especially for youngsters. It can be found in our Unity Lincoln bookstore. It is our prayer that when we reopen we can build a vital and blessed children’s church. If you want it – it can be!

### Please Join in Our Prayer Affirmation for Our Church Family:

Unity Lincoln is blessed to draw the people, funds and all that is required for the health and growth of our community and peace in the world – Heart to Heart.



-4-

|   |     |  |   |     |     |     |
|---|-----|--|---|-----|-----|-----|
| January 2021  |     |  |   |     |     |     |
| SUN   | MON | TUE  | WED   | THU | FRI | SAT |
| 3<br>Friendship Sunday<br>9:00 am – 9:55 am<br>Metaphysics<br>10:30 am – Service<br>Words of Wisdom<br>White Stone Ceremony<br><br>Silent Prayer<br>12:00             | 4   | 5  | 6<br>6:30 pm<br>Unity Café  | 7   | 8   | 9   |
| 10<br>Friendship Sunday<br>9:00 am – 9:55 am<br>Metaphysics<br>10:30 am – Service<br>Survive Divisiveness and<br>Learn to Love Everyone<br><br>Silent Prayer<br>12:00 | 11  | 12   | 13<br>Unity World<br>Headquarters’<br>Burning Bowl<br>Service at<br>2 p.m.<br><br>6:30 pm<br>Unity Café | 14  | 15  | 16  |
| 17<br>Friendship Sunday<br>9:00 am – 9:55 am<br>Metaphysics<br>10:30 am – Service<br>Living Your Calling<br>Silent Service<br>12:00                                   | 18  | 19<br>Friends Book Club<br>Return to Love<br>By<br>Maryann<br>Williamson<br>6:00pm   | 20<br>6:30 pm<br>Unity Café   | 21  | 22  | 23  |
| 24<br>Friendship Sunday<br>9:00 am – 9:55 am<br>Metaphysics<br>10:30 am – Service<br>Radical Wisdom<br><br>Silent Service<br>12:00                                    | 25  | 26<br>Friends Book Club<br>Return to Love<br>By<br>Maryann William-<br>son<br>6:00pm | 27<br>6:30 pm<br>Unity Café   | 28  | 29  | 30  |
| 31<br>Friendship Sunday<br>9:00 am – 9:55 am<br>Metaphysics<br>10:30 am – Service<br>I Want to Hold Your<br>Hand<br><br>Silent Service<br>12:00                       |     |  |   |     |     |     |

-5-