

Unity Lincoln
P.O. Box 30209
Lincoln, NE 68503

Non-Profit Org.
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Permit No. 319
Lincoln, NE

Blessings To:

«AddressBlock»

*The light of God surrounds us
The Love of God enfolds us
The Power of God protects us
The Presence of God watches
over us.
Wherever we are ...God IS
And all is well.*

June 2020

OUR CORE VALUES

LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

JOY

We delight in and encourage our deeply centered happiness.

GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

INCLUSIVENESS

We embrace each person as a unique expression of God.

Daily Inspiration: Dial-A-Prayer
(402) 476-7172

www.unity.org/prayer/request-prayer

Visit us at www.unitylincoln.org,
email office@unitylincoln.org,

or phone (402) 476-6887

OUR VISION FOR UNITY LINCOLN

- **We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.**
- **We have an abundance of resources to accomplish our mission with ease.**
- **We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.**
- **We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.**
- **We provide transforming and positive programs for people of all ages for increased spiritual development.**
- **We practice our spiritual awakening through service and action within the congregation, community, and beyond.**
- **We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.**



1941 N. 68th
Lincoln, Nebraska

June 2020

MINISTER'S LETTER

Greetings Dear Friends!

So far as I know, all of our congregation has stayed safe and healthy! Good work! And it has been hard work. We like to get out and see people and do things. No one likes to be locked down and told what to do. Going against all better advice and judgement is called being "willful," being willful means: "having or showing a stubborn and determined intention to do as one wants, regardless of the consequences or effects." We all know folks like this. Now is a time to work with the Power of Will, one of the **Twelve Powers of Man**, given by Charles Fillmore. Fillmore said: "The will is the executive faculty of the mind, the determining factor in man. What man wills or decrees comes to pass in his experience." As we stay safe and follow best practices, we are using the Power of the Will. We still have a ways to go.

You may have noticed that things are happening. Unity Lincoln has two weekly services on YouTube and Facebook, the Sunday service at 10:30am and the informal Unity Café service on Wednesday at 6:30pm. The Sunday Metaphysics class at 9am is popular and Adeline's Friends Book Club has just completed as a Zoom class. It will start with a new book July 7th. I hope that you have taken advantage of these offerings. It took a while to iron out the bugs when we started mid-March. But things are working smoothly now. As Evan's article details, we are operating with borrowed equipment. He has applied for a technology grant from UWM. Pray with us for this blessing to manifest.

One of my favorite church anthems, often sung by our music team on the annual Congregational Meeting day is "We Are the Church." It reminds us that the church is not the building but the people. Dan Elsasser texted this message this week:

"Just to be clear, the Church has not been closed, so it doesn't need to be re-opened. We have simply stopped worshipping in our building for a time to protect the health and well-being of our people and our communities. The Church does not require a building in order to be the Church. What is required is love, compassion and the presence of God."

This is certainly true for Unity Lincoln. We are not closed. Things have shifted. Board members come weekly to count and do paperwork in their masks with 6 foot distances. Many are here busy getting mailings ready and doing other tasks. Paul and Evan have spent many hours working on technology. We meet with people weekly to distribute SCRIP and receive tithes. There is a lot of prayer happening in church each week.

The day will come when we can again move actively into our beautiful building and enjoy each other's fellowship. For now let us practice the Power of Will to keep ourselves and each other safe and well. I invite you to be considering what our new focus will be as a community.

Know that you are the church. You are loved and blessed. *Rev. Toní*

World Peace Meditation

What you think determines what you experience. Humans often think not in words but in pictures, so here is a picture for your minds today:

Think of a place where peace is not evident, the first place on Earth that you think of is the one to choose. Now see that place filled with the pink light of love, surrounding and suffusing every person, every building, and every square inch of land. Know that you are sending love with your whole heart, and your love will be met with the love of others, some people there, some people here, some people you don't even know about. Know also that love eradicates hate, which eradicates fear, and leaves only peace, pure, unadulterated peace. See pink light enfolding your vision. Imagine how powerful it would be if you chose the whole planet as the target of your vision of pink light!

Please take 15-20 minutes for this silent exercise. Sit in it until that pink light fills you to overflowing, until it shines in your heart and through your eyes, until it lights your path, and then follow it.

Love and blessings,
Rev. Sharri



One Heart Retreat Center
185 White Acres Lane
Marshall, AR 72650

Make It Happen by Coach Kris Thaller

Follow your Dreams, they know the way. If you don't have a dream how can you have a dream come true? The definition we are using for "dream" is: a cherished aspiration, ambition, or ideal.

Dreams can be our guideposts. It is believed that human beings have always dreamed, both in sleep and in waking aspirations. Still, while there is mystery attached to our dreams, we know that they help guide and inspire us towards greatness.

There will always be plenty of people around to tell you why your dreams won't work. They said Elvis Presley couldn't sing. They said James Joyce couldn't write. They said Michael Jordan couldn't play. Set your own course and say "Yes" to your dream! Until next time take care and make it happen! To talk with Coach Kris contact her at - kris@mycoachingdimensions.com.

Garden Work

Calling everyone who likes to work outside! Saturday, June 20th is Summer Solstice and the perfect day to work outside. We have plenty of room to distance and still get things done.

May 23rd was a successful garden day and every Wednesday a small tribe of people choose areas to weed, rake, trim and plant. You are welcome to join in! If you have questions or need something, call Mickey (402) 580 2119.



Magic Pennies Report

Keep it up!
You're doing great!



Magic Pennies Accounting	
2016	\$132.22
2017	\$615.80
2018	\$290.31
Jan-June 2019	\$117.30
July 2019	\$12.61
August 2019	\$31.38
September 2019	\$14.00
October 2019	\$9.05
November 2019	\$33.27
December 2019	\$8.45
January 2020	\$7.21
	\$1271.60

Unity Lincoln logo t-shirts
now available-see Rev. T
Teal with embroidered white logo -
\$18 each M, L, XL
(others can be ordered pre-pay)
(note on check: T for Building Fund)



Monthly Attendance

	Ave./Sunday

Finances- 2020

Total Income:	\$ 7811
Total Expense:	\$ 7083
Net	\$ 729
Tithes Given	\$ 696
Classes:	\$ 81
Building Fund:	\$ 547

BOARD MEMBERS



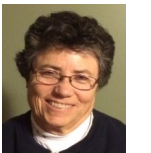
Adeline Mickens,
President



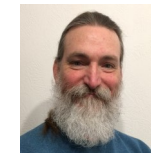
Liane Schmidt,
Vice-President



Janet Carlson,
Secretary



Connie Rose,
Treasurer



Paul Fox,
Member-at-Large



Kathy Hutchinson,
Member-at-Large

BULLETIN BOARD

New Members

Would you like to be a member of Unity Lincoln? We invite you to join us! Are you returning to Unity Lincoln after a time away? We welcome you back! Kindly RSVP to Unity Lincoln (402) 476-6887 or minister@unitylincoln.org.

Talk to the Board

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

Email List

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at office@unitylincoln.org and ask to be added to our weekly email list.

Online Tithing

You can contribute to Unity Lincoln online via the www.unitylincoln.org PayPal account. Log onto <https://www.paypal.com> and send your contribution directly to the Church's Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

Ministerial Services Available

Personal and family services including the rituals: marriage, christening, baptism, blessings of various kinds as your heart directs. Memorial services. Counselling by appointment. Call: 402-432-8108. Email: minister@unitylincoln.org. Some services by fee and some on a love offering basis.

When you write to us

Though we are located at 1941 N. 68th St., mail you send us must include our P.O. Box. Send mail to: Unity Lincoln P.O. Box 30209 Lincoln, NE 68503

To unsubscribe from this Newsletter

Write to us at the above address, or email office@unitylincoln.org. Please refer to the printed Newsletter in your note, with your name and address for confirmation.

Ministry Team Leaders:

- Hospitality—Dee Tonniges, Liane Schmidt
- Leadership/Coaching—Kris Thaller
- Licensed Unity Teacher—Rev. Evan Coleman
- Music—Rev. Evan Coleman
- Prayer—Connie Rose
- Recording Team—Paul Fox, Bob Kaenel, Connie Rose, Janet Carlson, Adeline Mickens
- SCRIP—Paul Fox
- Website—Paul Fox, Rev. Evan Coleman
- Worship Team—Carol Cunningham
- Worship Leaders—Fred Berry, Merry Ford, Kris Thaller, Rene Eveland

Staff:

- Minister—Rev. Toni Stephens Coleman
- Associate Minister—Rev. Evan Coleman
- Speaker—Rev. Fred Berry
- Music Director—Rev. Evan Coleman
- Pianist—Svetlana Yashirin
- Office—Sharyl Klawitter

Special Membership Meeting – June 7th

Members should have received their official 10-day notice of a Special Membership Meeting as required by the by-laws of Unity Lincoln. If you haven't received your letter please call Rev. Toni as soon as possible.

When the Board of Trustees met in May they became aware that interest rates are considerably lower than our 5.25% mortgage rate right now. After doing some research they learned that they can save more than \$20,000 over the life of the loan by refinancing as quickly as possible. At the time of that meeting rates were 3.99%. Rates could go up or down. Final figures will not be known until the refinance application has been filed and the rates locked in.

The meeting will be held Sunday, June 7, 2020 at 2:00 pm to vote a simple Yes or No on this question:

Should Unity Lincoln refinance the mortgage for the property at 1941 N. 68th Street at a rate lower than our current 5.25%?

In accordance with our by-laws, we must meet on church property and vote in person. Every effort will be made to keep everyone safe. Please arrive early, park in the church parking lot and stay with your car. The meeting will be conducted from the center of the parking lot. Back in and stay in your car or bring a camp chair and sit in back of your car. You may want to park on the road and walk in to sit on a picnic chair. Stay 6 ft. apart. Wear your mask. Do not hug or otherwise touch. Please follow instructions and parking monitor's signals. A card will be used to collect your signature to sign in.

The agenda June 7 will be as follows: Meeting starts at 2:00 pm.

- Pray In**
- Call to Order**
- Secretary Report on Quorum**
- Question before the Membership**
- Vote**
- Tally of Vote**
- Pray Out**
- Orderly Exit**

We look forward to seeing you! If you have any questions or problems, please call. 402-432-8108.

Awakening
By Anne Ring

I am part of that flower growing there,
I am part of the birds flying high in the air,
Everything flows from just one Source, a giant River of Life — a Force.
As all the rivers connect to the sea, there is a connection 'tween God and me,
Creator of this Universe vast, a Universe forever vast,
and even tiny specks like me, Will live Forever —Eternally Free.

Taken from Daily Word—July/August 2019

Technology & Prayers for a Grant

I am applying for a grant from the Templeton Foundation through Unity Worldwide Ministries for technology to transform our currently borrowed technology equipment into a professional video production and live streaming system.

Several months before coronavirus closed our doors to in person services, I began investigating live streaming. When I saw a demonstration of a system installed at Unity Southeast in Kansas City, I saw the potential to share what makes our ministry special with a larger audience.

Sherry Ottmann regularly attended my 9 AM metaphysics class each Sunday but was finding it difficult to attend for health, and transportation reasons. She was already on Facebook so I made my goal to reach her as my first virtual congregant.

While my vocation is Information Technology, social media, video processing and live streaming are all new to me. It has been a steep learning curve and occasionally a bumpy ride. I want to thank those who have been patient as I figured a few things out.

When we were all thrust into isolation from Covid-19, I constructed a makeshift video production studio in the sanctuary. It is a tangled mess of wires and borrowed equipment, but it allows us to reach out to our community on Facebook and YouTube.

I am giving \$1000 toward this project as seed money. We would love to receive gifts to build our own system but I am asking you not to designate funds for this. In these uncertain times, your gifts to the church should go to the general fund. Designated funds must be used only for the purpose given and we want the church to have flexibility with your funds.

Paul Fox and Josh Winkelman have given much help. I want to personally thank Paul Fox for learning the video system and serving as producer and cameraman on Sunday mornings. I also want to thank Josh Winkelman for filling in the gaps in my knowledge of high-end graphics and the computer we will need for our new system.

Our application for the Technology Grant goes in in a few weeks. We will hear if we are selected early August. Please hold this in prayer. Going forward, I see the potential to serve our congregation and an entirely new congregation. We already have viewers from outside the Lincoln area.

As we enter whatever the new normal will be, I want those of you who show up in the body to help me to welcome our virtual congregants. Together we will worship "in Spirit and Truth (John 2:24.)"

Blessings Dear Ones,
Rev. Evan

Heart to Heart

During these trying times remember we are in this together, you are not alone. Soon things will be normalizing and we will be able to worship physically together. Until then we are together in our faith and we can join together in our online services.

If you have any questions, needs or comments you can call Rev. Toni, Rev. Evan, or a board member.

Blessings.



This I Believe

There are a lot of people saying that they have the answers to all of problems, and I do think there are answers to all our problems. However, I don't think that the answers are the ones that most people say they are. Whatever our problems are, they aren't going to be solved by this time next month or by this time next year. It's going to take a bit longer than that. How much longer depends on us.

I believe that we have the finest country, with the most potential of any that ever was. We are a work in progress and we still have a way to go yet. Over the years since 1776 we've had a lot of problems and we've solved many of them-but we ain't perfect yet and probably never will be since the standard of perfection keeps changing as time goes by, but we have SO MUCH potential for greatness. For instance, what if we could cut our spending on defense by 80%? We could use half of the savings on taxes and use the rest on education and training of doctors and nurses. Why would any country want to destroy a country whose main export was goodness? The countries we now call adversaries would be able to do the same thing. There would be no advantage to anyone to make war on their neighbor. I imagine that there would always be despots who want some of their neighbor's mineral wealth or political glory to keep arms makers in business, but a true United Nations police force could be used to keep these criminals in check.

How long before this could be in place? Not long in a perfect world. As has been said so often, "All it takes to bring peace is for everybody to stop fighting." Most of the time that seems to involve having more bombs and a bigger army so that the "others" will be afraid of you. Then the "others" just change their tactics and go underground which calls for more spies and on it goes. Wouldn't it be nice if we could accept our differences and tolerate each other peacefully? As long as you behave in an honest and peaceful manner, what you do is none of my business and I should be able to expect the same tolerance from you.

Several years ago, I was in occupied Palestine for a few days with a group called, "Christian Peacemakers Team." One day we went to visit a group of children in an acting class - aged about 8 thru 16. To get to this place we had to take a circuitous route, past checkpoints and army posts. Just before it was time for us to leave, one young girl asked me, "What do we have to do to get our own country freedom?" All I could think to tell her was, "When we came over here we had to go sometimes to the left, then sometimes to the right and even sometimes backward, but here we are."


I suppose that our journey to a world of peace will be like that, but with a lot of prayer and guidance we will get there.

Peace, love and blessings, John Jones

5 Step Prayer Process

1. **Relaxation.** Breathe deeply and focus within, release physical and mental tension.
2. **Concentration.** Recognize the power of God as life, love, wisdom, and ever-present good.
3. **Meditation.** In silent reflection, see that the power of God is the same power within you— your divine potential.
4. **Realization.** Know that you have the power to be, to do, to have, and to allow the good you desire.
5. **Appreciation.** Grateful for your growing spiritual awareness, you are empowered to live fully now and into a fulfilling future.

June 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 Garden Group 11 - 4 6:30 pm Unity Café	4	5	6
7 <i>Friendship Sunday</i> 9:00 am - 9:55 am Metaphysics 10:30 am - Service Life Goes On 11:45 am Special Membership Meeting Parking Lot 2:00pm	8	9	10 Garden Group 11 - 4 6:30 pm Unity Café	11	12	13
14 <i>Friendship Sunday</i> 9:00 am - 9:55 am Metaphysics 10:30 am - Service Well-Being 11:45 am Prayer Service	15	16	17 Garden Group 11 - 4 6:30 pm Unity Café	18	19	20 Garden Group Work day 9:00-Noon Summer Solstice
21 <i>Friendship Sunday</i> 9:00 am - 9:55 am Metaphysics 10:30 am - Service Papa Charlie Father's Day 11:45 am	22	23	24 Garden Group 11 - 4 6:30 pm Unity Café	25	26	27
28 <i>Friendship Sunday</i> 9:00 am - 9:55 am Metaphysics 10:30 am - Service Going for Greatness 11:45 Prayer Service	29	30		 Reminder: Parking	June 7th Lot	2:00PM Meeting