

Unity Lincoln
135 N. 31st St.
P.O. Box 30209
Lincoln, NE 68503

Non-Profit Org.
U.S. Postage Paid
Permit No. 319
Lincoln, NE

*The light of God surrounds us
The Love of God enfolds us
The Power of God protects us
The Presence of God watches
over us.
Wherever we are ...God IS
And all is well.*

Blessings To:

October 2017

OUR CORE VALUES

LOVE

We are a nurturing community connecting with all from caring hearts and compassion.

SPIRITUALITY

We consciously connect with Spirit and allow it to guide us. We affirm this Divinity within all creation.

JOY

We delight in and encourage our deeply centered happiness.

GRATITUDE

We recognize, rejoice in, and give thanks for all of God's gifts.

INCLUSIVENESS

We embrace each person as a unique expression of God.

Daily Inspiration: Dial-A-Prayer
(402) 476-7172

www.unity.org/prayer/request-prayer

Visit us at www.unitylincoln.org,
email office@unitylincoln.org,
or phone (402) 476-6887

OUR VISION FOR UNITY LINCOLN

- We have a beautiful facility that is receptive and responsive to the needs and desires of our congregation.
- We have an abundance of resources to accomplish our mission with ease.
- We support a minister who exemplifies the Unity Principles and our Core Values, with the capacity to recognize and maximize the strengths and talents of congregants and stimulate individual spiritual growth.
- We have an equally shared, healthy, and productive relationship between the congregation, board, and minister resulting in effective governance of our community.
- We provide transforming and positive programs for people of all ages for increased spiritual development.
- We practice our spiritual awakening through service and action within the congregation, community, and beyond.
- We are well-known in the Lincoln area as a healthy, thriving, spiritual community that welcomes all.



135 N. 31st St.
Lincoln, Nebraska
October 2017

MINISTER'S LETTER

Are you looking forward to a Fall Study Series? We will be introducing a wonderful formatted program called: **Absolute Abundance: Prosperity Teachings for the 21st Century** beginning October 11th. It is presented as a ten week, *all church* class with books, processes and fellowship. The books will need to be ordered very soon. Stand by for more information. Mark your calendar, grab a friend, and get ready to have an expansive spiritual learning experience!

Unity Lincoln is a tithing church. Each month we select two or three places to send our tithe. They include: Unity Worldwide Ministries, Unity World Headquarters (which includes Silent Unity), Unity South Central Region, and Unity Lincoln Building Fund. Due to the many disasters in September, we feel moved to share a third of our Unity Lincoln tithe with Unity of Huston to distribute where it can best serve. Unity has a large Puerto Rican fellowship. It had a beautiful large church and several smaller groups. We have not yet learned what has happened to them and our Unity family in the Caribbean. Please hold them in sacred prayer for safety and restoration. When we know more, we will share.

Your Board of Trustees has been engaged in several training sessions with Kevin Hagemoser, a professional consultant and coach. He is guiding us with church congregation growth, discernment regarding the move and other church business. You will notice our income this month reflects payment for Kevin's skills. It also reflects high electric bills for fans, dehumidifiers and shopvacs to dry out the basement.

September was active and successful. As we move into October and November, look forward to your **Absolute Abundance** and mark your calendar for **Rooted in Peace**, an award winning film showing: Sunday afternoon, November 12th at noon. You won't want to miss it!

Love & blessings, ~ Rev. Toni

Steering Team Report

The Board of Trustees gave the Steering Team the job of "interviewing properties" for consideration to become our next church home. Our procedure is, when the Steering Team has found a hopeful property they set up a walk-through for the Board. After further review, when we think we may have "the one," the Board will invite the congregation to visit and review the property. Finding a hopeful property is a difficult task; weighing assets and faults, location and value within our price range (up to \$300,000) is a challenge.

Do you remember all the lists of "Wants" that we created - our "Wish Lists?" We have learned that it will take well over a million dollars to acquire a place that meets all the wants on the list - and then we will be making alterations on the place to our tastes. The lists have helped us vision and learn about ourselves and our highest desires. In our property search, what we have learned is to see the potential for creating what we are looking for over time - for everything on the lists. How much room and property do we want? We have also become aware that what we will receive is the opportunity to work together and grow spiritually as we grow our community. It isn't likely to be handed to us. But, that does make sense, doesn't it.

We are in the process. As we are open and moving towards our right and perfect next home, the right and perfect next home is moving towards us. Consider the idea of our moving from Adventure to Quest. ~ Rev. T

Things I Believe & Things I Know

These words are not original but I have tried to live by them as close as possible for a long time and know them to be true. It doesn't matter if you are short of money, people, energy or time. What God invites you to do will always be greater than the resources at hand. Living with the hand of God upon you means that at times you will be asked to act in spite of the evidence and then watch as the evidence changes. When you have nothing left but God then for the first time you will become aware that God is enough. You never become a believer by sitting down and believing it is so. You must undertake something so great that you cannot accomplish it unaided. This much I believe but I also know it to be true...

~ Dan Elsasser (The Steering Team)

We Stand At A Fork In The Road

by Georgia Feiste

At literally every moment of every day, we stand at a fork in the road. One we traverse through suffering; it is the path of trial and error through the circumstances of our lives. The other is one of spiritual transformation, and the desire to receive for the sake of sharing. This path also is not easy, but it does not entail suffering. Either way, we arrive. We always arrive.

I've been slowly reading the Zohar, the source book for the Kabbalah. The teaching that runs through it, and most strikes me, is that we "receive so that we might share". And, once a sufficient number of people are walking that path, a critical mass will be achieved to bring about the redemption of humanity as a whole - even those who have chosen to follow the negative path. We are ALL redeemed.

There is a fable told that shows this clearly:

Imagine you have been given permission to visit both heaven and hell, and return to tell the tale.

With an angel for your guide, you are taken to the gates of Hell. You are quite surprised that they are made of gold, and the lands beyond the gates are lush with foliage, flowers, and great beauty. You then smell the luscious smell of well-cooked food.

You are lead toward an immense banquet table laden with every delicacy. And, you are horrified to see hundreds of people seated that appear to be starving, angry and frustrated. Each person has a long-handled spoon chained to their wrist; the handles so long they cannot put food into their mouth. For all eternity, they are struggling to feed themselves a meal that is right before them, and they might as well be seated a hundred miles away.

Horrified, you are now more than ready to visit Paradise, and the angel responds quickly. You are surprised to see that the surroundings are exactly the same; from the gate to the table to the long-handled spoons. But these people are well-fed and happy, despite the fact that their circumstances are identical to those less fortunate. The difference is not in the situation, but how they respond to it.

Instead of trying to feed themselves, each of the souls at this table feeds the one across the table. Receiving much, and sharing everything.

Humanity appears to be at a cross-roads. The question is - which path will we take. The one of greed, power, thievery and lies based on self-service OR the one where we accept responsibility for whatever we create, even when we don't understand it, never see ourselves as a victim, and live without fear, unified by love, sharing all.

Blessings, ~ Georgia

Help Get the Word Out!! - Pet Blessing

Again this year we bless our pets and animal friends for long life, health and good homes. The blessing will take place in the garden, Saturday, October 7th from Noon to 2:00 pm. You are welcome to bring your pet safely secured or bring a picture or just their name for us to bless them. This is a fun event. A blessing certificate will be given for each pet. (If it rains, we move in.)

Warm, clean blankets, food, toys and other supplies will be collected now through October to benefit Lincoln's No-Kill shelters.

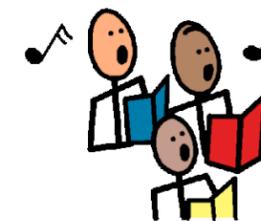
Bring It Home with Best Choice!

Now's the time to clip the **Best Choice** labels off the cans in the cupboard! Margaret Kendall and Merry Ford are busy counting and sorting the UPC symbols (SKU's) we bring in. We need **more** to earn \$60 this year. All labels need to be brought to church by the end of November to trim, count and package them to mail in. Only Best Choice UPC symbols are accepted in the Save-a-Label program. Help support this good and easy community project.



Choir Call!

Choirs get to enjoy music longer and at a deeper level than anybody else! Anyone who has sung in a choir knows that fall is time to begin practicing holiday music. Rev. Evan and the music team are busy selecting beautiful music for the season, beginning with special Thanksgiving anthems. Holiday music practice begins this month.



If you love singing, you don't have to commit to *always* be in the choir - instead, you can commit to sing through the holiday season! Music team practice is Friday from 5:30 pm to 6:30 pm. Let your heart sing this holiday season and enjoy the fellowship of the Unity Singers!

Annual Selection Meeting - October 15th

Time is short if you have a desire to be nominated to serve on the Board of Trustees. In accordance with the Bylaws of Unity Lincoln you must meet certain requirements. We will happily get you a candidate packet. Talk to Rev. Toni or one of the Nominating Team members, Annie Nuss, Adeline Mickens, or Kris Thaller.

There are two openings for a three year term to be filled this year. We currently have one incumbent, Janet Carlson, and one nomination, Adeline Mickens. There are big decisions to be made by the Board this year.

Finances- August 2017

Total Income:	\$ 3,861
Total Expense:	\$ 6,952
Net:	\$ (3,091)

Sources of Income-*

SCRIP Prosperity:	\$ 82
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*not intended to equal Total Income shown above

BULLETIN BOARD

New Members

Would you like to be a member of Unity Lincoln? We invite you to join us! Returning to Unity Lincoln after a time away? We welcome you back! Kindly RSVP to Unity Lincoln (402) 476-6887 or minister@unitylincoln.org.

Talk to the Board

If you would like to present an item to the Board of Trustees in person, please let a board member know. The Board will then reserve the first 10 minutes of its next monthly meeting to listen to you.

Email List

If you would like to receive emails of breaking news and last-minute schedule changes, send an email to us at office@unitylincoln.org and ask to be added to our weekly email list.

Online Tithing

You can contribute to Unity Lincoln online via the www.unitylincoln.org PayPal account. Log onto <https://www.paypal.com> and send your contribution directly to the Church's Online PayPal account by whatever method you like — credit card, checking account, or savings. Click on "Friends & Family" to waive the Paypal fee so that your entire gift goes to UL.

When you write to us

Mail you send us must include our P.O. Box, as follows:

Unity Lincoln
P.O. Box 30209
Lincoln, NE 68503-0209

To unsubscribe from this Newsletter

Write to us at the above address, or email office@unitylincoln.org. Please refer to the *printed* Newsletter in your note.

A Course in Miracles

I was thrilled to learn that Unity has a class on *A Course in Miracles*. For me this amazing book is a challenge for my mind and a soothing balm for my soul. For those of you who are not familiar with it let me share a few lines from the Introduction: "This is a course in miracles. It is a required course. Only the time you take it is voluntary. ... The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance."

Evan Coleman is the facilitator/teacher. Evan's background in metaphysical studies adds much to our discussions. He's always open to questions and comments as we sometimes struggle to ascertain the meanings of the more poetic phrases of the course.

Many of my friends have read and studied the Course. I don't know anyone who has read it only once. It's like the Bible in that regard. It just isn't a book one reads once and says, "There. That's finished." The teachings of the Course, like many of the Bible, become a way of life. To quote the Introduction again: "Herein lies the peace of God."

We meet on Wednesday evenings at 6:30 in the basement of Unity Church and usually end between 7:40 and 8:00. Please join us if you can. I think you'll be glad you did. ~ LaSandra "Sandie" Brown

(Thank you, Sandie, for sharing your experience. Our fall class series will begin October 11th on Wednesday evenings, please come. *A Course in Miracles* will resume in January. *ACIM* is taught in many Unity Centers with enthusiasm, joy and respect as valuable teachings. We are happy to offer it. *ACIM* is not an official Unity teaching. ~ Rev. Toni)

Absolute Abundance: Prosperity Teachings for the 21st Century

The *Absolute Abundance* Course is an interactive creative course that includes a variety of exercises, videos, games, readings and other learning modalities that teach participants abundance and allow for a shift of consciousness. The class provides all materials in a \$40 workbook. It will meet Wednesdays at 6:00 pm beginning October 11th.

Please sign-up and order workbooks ASAP. The ten week class will be closed after the second week - meaning participation is closed from October 25th on. This is because there is a foundation of learning and experiences necessary to grow the consciousness of the group. Continuity and commitment is necessary to receive the gifts from the class.



Absolute Abundance is a results driven, tithing-based course with a money back guarantee. If we follow the clear instructions which include tithing time, talent and treasure, we experience the opening of our abundance consciousness, expanded love and increased value for our Unity Lincoln community.

The course draws on contemporary social scientists such as Amy Cuddy, Brene' Brown, Adam Grant, Fred Luskin and many others. It presents the wisdom teachings of Unity teachers: Emilie Cady, Charles Fillmore and Eric Butterworth. You will gain inspiration from current thought leaders like Marianne Williamson, Desmond Tutu, Deepak Chopra and Eckhart Tolle, to name a few. Rev. Evan & Rev. Toni will co-facilitate.



Magic Pennies Report



Keep it up!
Great work all!

Magic Pennies Accounting

10/29/16	\$55.90
11/30/16	\$62.59
12/26/16	\$13.73
1/30/17	\$79.44
2/28/17	\$58.60
3/31/17	\$62.39
4/27/17	\$86.48
5/30/17	\$27.84
6/30/17	\$57.90
7/31/17	\$29.31
Aug. & 1 st ½ of Sept.	\$59.95
	\$594.13



Everyone Counts!

The Board determined last week to begin to count attendance in the newsletter. Because this is the first time, a standardized format is not created yet. However, we do have figures for the month of September to share thanks to the ushers keeping a count.

During the four weeks of September we had attendance of 61 people on Sunday morning. We had two visitors sign the book. We had stellar attendance at the Solar Eclipse Party: 26 guests and 13 Unity Lincoln people, a total of 39 people. There may have been a few overlooked, 'cause we were all looking up!

Lincoln Refugee Winter Wear Collection

From October 22nd through November 19th we will be collecting clean warm winter outer wear for

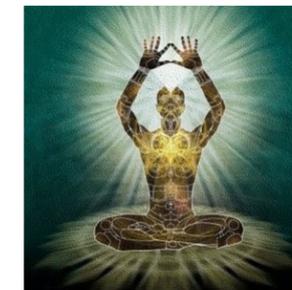


Lincoln's Refugee Community. Immigrants arrive in Lincoln from the Middle East and Africa with no idea of how cold it can get. We have found a valuable way to help by lovingly passing along warm outerwear. The

need is present for all ages. Imagine someone snug and warm and safe in that the coat that hung in the back of your closet.

Peace Meditation

Let go of fear.
Let go of shame.
Let go of guilt.
There is only Love.
Engage Love.
Embrace Love.
Be Love
Know Love.



Love is the way to inner peace, peace of mind and peace in the world. Amen

Make these words your mantra today, this week, this month. Take a moment whenever you can and know love for yourself and others.

BOARD MEMBERS



Merry Ford, President



Kris Thaller, Vice-President



Janet Carlson, Secretary



Mickey Seefeld, Treasurer



Paul Fox, Member-at-Large



Connie Rose, Member-at-Large

Ministry Team Leaders:

- Bookstore — Annie Nuss, John Jones
- CAST — Cari Dicks, Merry Ford
- Community Care — John Jones
- Hospitality — Dee Tonniges, Liane Schmidt
- Leadership/Coaching — Kris Thaller
- Licensed Unity Teacher — Rev. Evan Coleman
- Music — Rev. Evan Coleman
- Prayer — Connie Rose
- Recording Team — Paul Fox, Bob Kaenel, Connie Rose, Janet Carlson, Adeline Mickens
- SCRIP — Paul Fox
- Website — Paul Fox, Rev. Evan Coleman
- Worship Team — Kris Thaller
- Worship Leaders — Fred Berry, Annie Nuss, Merry Ford, Kris Thaller, Carol Cunningham

Staff:

- Rev. Toni Stephens Coleman, Minister
- Rev. Fred Berry, Speaker
- Rev. Evan Coleman, Music Director
- Svetlana Yashirin, Pianist
- June Niemann, Office

This I Believe

by John Jones

What a shocking thing it must be for a child to hear a parent say, "I don't love you anymore," or "I won't love you anymore if you do such and such," or "unless you do such and such I won't love you anymore." Then there's the third-party warning or announcement: "your Dad (or Mom) says he (or she) doesn't love you anymore because of this or that," or won't unless you do or don't do a certain thing. I'll admit that sometimes siblings make a game of the second example as a form of one ups man-ship, but for a parent to threaten the removal of love from a child for the sole purpose of controlling that child is a cruelty beyond my comprehension.

I'll be the first to admit that when I was growing up at home, I was a brat. I was my Mother's parents only grandchild for 13 years and was my paternal Grandparents only male grandchild named Jones for the same length of time. I was loved to excess if that's possible. Another word to use would be spoiled, but I was never threatened with the loss of love because of my actions, or lack thereof.

My Dad was the oldest of seven children and when Grandpa Jones was out of town as a railroad engineer, was the man of the house, and I'm sure that was explained to the younger children too. With all those children in the house I imagine that there were lots of times on my Grandma and Grandpa were upset, but I can't even imagine them ever threatening the removal of love. So that when anyone tells me or anyone else that God loves them if or unless, I really get angry! What is there about humans that makes us think that our heavenly parent is venal as we are? Do we really believe that we can make God in our image? I really don't think that God is even capable of anger. I do think, however, that there might be a shaking of the heavenly head from time to time followed by "what are they doing that for?" I'm sure that when we got the gift of 'free will,' our Creator realized that there would be lots of times when the results of using the free will would turn out to be different than what we would have thought best.

Sometimes, if I seem not too interested in certain biblical passages, it's because I just don't comprehend the thinking of those so-called theological experts who tell us that they will tell us what God would do or think about every human action and that the creator would consign us to an eternity of punishment for not behaving like some other human (or human state) wants us to behave. God has certainly provided us over the years with enough folks to show us the happiness that being nice leads to. They are all around and a lot of them are in church every Sunday, but some don't have to be in a church to be a spiritual leader or example.

Peace, love, blessings ~ **John**



Unity Lincoln logo t-shirts

now available-see Rev. T

Teal with embroidered white logo – XL, L, M
(others can be ordered pre-pay)

\$20 each

(note on check: T for Building Fund)

**Unity
Lincoln**



2017

SUN	MON	TUE	WED	THU	FRI	SAT
1 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am - Service talk: Tomorrow 11:45 am Prayer Service	2	3 6:00 pm <i>Talks on Truth</i> class	4 11:45 am Prayer & Brown Bag Lunch 6:30 pm A Course In Miracles	5	6 5:30 pm Choir Rehearsal	7 12:00 pm – 2:00 pm Pet Blessing Service
8 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service talk: Hell in the Hallway 11:45 am Board of Trustees meeting	9	10 6:00 pm <i>Talks on Truth</i> class	11 11:45 am Prayer & Brown Bag Lunch 6:00 pm Absolute Abundance	12	13 5:30 pm Choir Rehearsal	14
15 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service talk: Living in Heaven 11:45 am Annual Selection meeting -after the meeting- Pot Luck Lunch	16	17 6:00 pm <i>Talks on Truth</i> class	18 11:45 am Prayer & Brown Bag Lunch 6:00 pm Absolute Abundance	19	20 5:30 pm Choir Rehearsal	21
22 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service talk: "One Day at a Time" 1:00 pm Heartland Light Circle (non Unity event)	23	24 6:00 pm <i>Talks on Truth</i> class	25 11:45 am Prayer & Brown Bag Lunch 6:00 pm Absolute Abundance	26	27 5:30 pm Choir Rehearsal	28
29 <i>Friendship Sunday</i> 9:00 am – 9:55 am Metaphysics 10:30 am – Service talk: Getting Brave	30 5:30 pm Choir Rehearsal	31  6:00 pm <i>Talks on Truth</i> class				Sunday, November 12 th 12:00 pm Roots of Peace film